Wind Power Museum **Texas Calabooses** Heritage Through Food BECOMING AN **Workshops Aim To Break Down Barriers**



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Yes, You Can! Canning used to be considered hopelessly old-fashioned, but it's become the newest DIY pursuit.







ON THE COVER Ali Clare of Austin participates in an archery class at a Becoming an Outdoors-Woman workshop. Photo by Laura Jenkins

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CURRENTS

Respect for CFLs

With regard to Don Dieu's letter about experiencing early failures of compact fluorescent lightbulbs ["Incandescents vs. CFLs," March 20151:

We've been using CFL bulbs at our house since they came on the market. They are in use in most every lamp and fixture we have. Any failed incandescents are replaced with CFLs. In all this time, there has only been one CFL failure. Some were replaced for different lighting needs. No particular brand or manufacturer is in use, although many are from Walmart and Alco. Consumer Reports cites brands from Home Depot as a "best buy" source.

I would suggest that Mr. Dieu have his electric supply tested for surges and spikes caused by heavy loads from nearby equipment being switched on and off. CHUCK CARPENTER | POINT FARMERS EC



Prause's Address? **Memory Lane**

I just read the great article about Prause Meat Market in La Grange in the March 2015 issue. I remember so well this wonderful place where we ate lunch on Saturdays while shopping in La Grange.

The succulent barbecue was served on a piece of brown butcher paper along with two slices of very fresh white bread. We always had the brisket and sausage—so very delicious. I can still smell the

Another Feed Sack Story

If you have space for one more feed sack garment story ["Feeding Their Fashion Sense," February 2015], here is my favorite. My grandfather was blind, and my



grandmother made his boxer underwear from feed sacks. One day, while hanging the wash, I laughed because she had made him two pair of shorts of feed sacks with huge strawberries. She told me if I ever told him, she would not let me come stay with her again.

I kept that secret from Grandpa for the rest of his life.

MARY SEMLINGER | CASTROVILLE | MEDINA EC

wonderful, smoky barbecue aroma. **NELL MAECKEL SCHMIDT** | DEVINE MEDINA EC

Goodnight's Legacy

I was so excited to see the feature about the Goodnight-Loving Trail [March 2015]. It looks like the picture you used was made before our restoration was complete. I have some pictures of the house, the visitor center, the buffalo and our grounds after it was completed that we'd love to share with you. Also, I wanted to let you know that we recently erected a replica of Goodnight's dugout on the grounds of the Charles Goodnight Historical Center. A local Boy Scout troop completed the project.

AMY LOVELL | ARMSTRONG COUNTY MUSEUM GREENBELT EC

In "The Goodnight-Loving Trail," the writer states, "Charles Goodnight was born March 5, 1836 ... just three days after Texas achieved independence." Texas did not achieve its independence on March 2. Texas declared its independence on that date.

Independence was not achieved until the defeat of Gen. Antonio López de Santa Anna's troops at the Battle of San Jacinto on April 21, 1836.

EDWIN PLUMMER JR. | LIMESTONE COUNTY NAVASOTA VALLEY EC

Lindbergh's Welder

I just read "Unlucky Lindy" [February 2015]. My late father worked on Lindbergh's Spirit of Saint Louis. My dad worked for Claude Ryan at Ryan Aircraft in San Diego in the late 1920s. He was a young welder and contributed his skills making spare fuel tanks.

The crew knew very little about who or what the plane was for, as Lindbergh wanted. It wasn't until they all saw Lindy himself at the factory halfway into the project did they realize what was going on. My dad and his friends didn't think the plane would get off the ground because of the fuel weight. The wheel bearings had to be upgraded so they could take such a load.

JERRY BELL | LIVINGSTON SAM HOUSTON EC

Is It a Roundabout?

Clay Coppedge's article "Breakdown on the Tahoka Circle" in the April 2015 issue brought back memories of living around Lubbock. When we moved to Dubai in 1976, what did we find? Traffic circles! Although they called them "roundabouts," we felt right at home and constantly scared to death.

PHYLLIS BROWN | SULFUR SPRINGS FORMER FARMERS EC MEMBER

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HAPPENINGS

Going Bach 40 Years in Victoria



The Victoria Bach Festival celebrates its 40th anniversary June 6–13.

The weeklong festival features local musicians joining acclaimed artists from around the country to perform orchestral, choral and chamber music. Venues across Victoria host intimate concerts, grand symphonic and oratorio performances, and laid-back outdoor concerts for families.

Outreach concerts, post-concert chats with artists and open rehearsals foster a welcoming environment for musicians and audience members. The festival will continue its tradition of free concerts at noon as part of its goal to keep great musical performances accessible.

Featured performers include the VBF Orchestra

and Chorus, Conspirare Symphonic Choir and indie orchestral band Mother Falcon.

INFO: (361) 570-5788, victoriabachfestival.org

Find more happenings all across the state at TexasCoopPower .com

Texas Celebrates Youth Tour Milestone

Texas celebrates 50 years of the Government-in-Action Youth Tour in 2015. To mark the occasion, Texas Electric Cooperatives is throwing a party and launching Your Tour magazine.

Youth Tour is a co-op-sponsored trip for exceptional high schoolers to visit Washington, D.C. They experience American history, learn about the energy industry and see their government in action. Electric cooperatives in Texas have participated in this national program since 1965 as a way to "empower young people to improve the quality of their lives, their communities and their futures," says TEC President and CEO Mike Williams.

The more than 3,700 Texas Youth Tour alumni were invited to attend the Texas Youth Tour anniversary celebration and reunion June 10 in Austin. The Texas Youth Tour alumni magazine,



dubbed Your Tour, debuts in June and features alumni profiles that share how the trip influenced their lives, as well as fun facts and the history of the program. Your Tour is available in co-op offices across Texas, and complimentary copies will be mailed to alumni. Visit TexasYouthTour.com or the Texas Youth Tour Alumni page on Facebook.

Celebrate Flag Day the Right Way



Flag Day, June 14, commemorates the adoption of the U.S. flag on that date in 1777.

Flag etiquette should be followed when displaying the Stars and Stripes, so consider these guidelines:

- ★ When displayed from a staff projecting from a window, balcony or a building, the union (the blue field with the stars) should be at the peak of the staff.
- ★ Display the flag only from sunrise to sunset on buildings and stationary flagstaffs in the open, but when a patriotic effect is desired, the flag may be displayed 24 hours a day if properly illuminated in the
- ★ It should not be displayed outdoors in inclement weather except when an all-weather flag is used.
- ★ No other flag should be placed above the American flag.
- ★ When displayed from a staff in a church or auditorium, it should occupy the position of honor and be placed at the speaker's right as he faces the audience.
- ★ The flag should never touch anything beneath it.

TIM CARROLL. YOUR TOUR COVER PHOTO: STPHEN E. BARRETT. FLAG



That is the percent by which the population of Hays County, just south of Austin, is expected to grow by 2050-from a 2010 population of 157,107 to 824,070-making it the fastest-growing county in the state, according to the Austin Business Journal. At the other end of the spectrum, Loving County, bordering New Mexico in West Texas and already the least populous county in the U.S., is projected to lose 51 percent of its population by 2050. Only 82 people lived there in 2010.

ALMANAC

Juneteenth Proclaimed End to Slavery

June 19, 1865, is historic for Texans. That day 150 years ago is when Union Gen. Gordon Granger arrived in Galveston carrying General Order Number 3, which proclaimed that the approximately 250,000 slaves in Texas were free. This momentous occasion, which came 2 ½ years after President Abraham Lincoln's Emancipation Proclamation, became known as Juneteenth, marked by ceremonies and celebrations.

In March, plans were announced to build a memorial at the Capitol commemorating African-American history in Texas, including Juneteenth. Bill Jones, an Austin lawyer-lobbyist and former general counsel to Gov. Rick Perry, is leading the effort to raise the \$2.6 million needed to erect the monument. About \$750,000 has been raised to create the 30-footwide, two-sided African-American Texas History Memorial.

"This is part of my history," Jones, whose great-great-grandfather was brought to Texas as a slave, told the Houston Chronicle. "But it's the state's history."

State Rep. Sylvester Turner agreed. "This will be a powerful depiction of history that I think will speak powerfully to every Texan," Turner said in the Houston Chronicle.



"Texas" Turns 50

This summer marks the 50th season of the Texas Panhandle Heritage Foundation's production of "Texas." The outdoor musical drama is performed at the Pioneer Amphitheatre at Palo Duro Canyon State Park.

The family-friendly show depicts the struggles and triumphs of settlers in the Panhandle in the 1800s and includes singing, dancing, fireworks and humor.

"Texas" is performed Tuesday through Sunday nights, June 2-August 15. Details are available at texas-show.com.



FROM THIN AIR

American Wind Power Center hails the windmill, which produces precious water from arid gusts

n the middle 1800s, when the railroads and pioneers moved west of the Mississippi, they discovered that there was less and less surface water," explains Coy Harris, executive director for the American Wind Power Center in Lubbock, as we stroll among windmills of varying size and function. We are touring the main hall of the center's museum, and Harris explains, "In order for the railroads to cross major parts of Texas, they needed water wells, and the only good method of pumping them was with a windmill."

The Wind Power Center documents a comprehensive timeline of windmill development. Throughout the 33,000-squarefoot center, windmills of diverse shapes and sizes draw your attention. Different manufacturers implemented individual

STORY AND PHOTOS BY RUSSELL GRAVES

ideas on design and mechanical function. In the heart of the exhibit building, windmills line a deep pit so that the parts of mechanical interest are at just above eye level, and visitors can easily examine variations in gearbox design and each scheme for fan and tail. Despite manufacturing variations, virtually all of the American windmills were built with the same purpose in mind: to convert wind power into the mechanical action required to pump water.

On the Texas High Plains, wind is an almost-constant companion. In many ways, the area is a meteorological battlefield: Warm and cool air masses continually contend for the atmospheric upper hand, and it's not unusual to have a cold front deliver a 20 mph sustained northerly wind one day and then a 25 mph southwesterly wind the next, as high pressure moves in to supplant the previous day's cold air.

Despite the weather warfare, the High Plains offer a dry climate with almost no reliable surface water and only sporadic rains. Pioneers harnessed the wind and leveraged its abundant power to turn the windmill blades that, in turn, drew water from the vast Ogallala Aquifer. With its ability to tap into a vast supply of underground water, the windmill helped transform the semi-arid plains into a verdant, crop-producing breadbasket. In recent

A wooden-blade Dempster windmill stands outside the American Wind Power Center.

decades, because of the region's almost ever-present wind resources, it's quickly become the center of wind energy production.

HONORING THE WIND

he Texas Plains region holds an allure for poetic souls. Writing to a friend, famed 20th-century artist Georgia O'Keefe admitted, "I lived on the plains of North Texas for four years ... that was my country—terrible winds and a wonderful emptiness."

The American Wind Power Center honors the wind and celebrates the contraptions used to harness the power of the abundant energy source. Even though many of its windmills are of the familiar variety that you often see across the far reaches of Texas rangelands, others are more exotic, like the twin-wheeled windmill or the unusual Flowerdew Hundred Postmill used to grind grain. While the Flowerdew Hundred Postmill looks Dutch, it actually originated on a farm in Virginia.

The Wind Power Center grew out of a grassroots effort and was initially established in 1993 by Harris and the late Billie Wolfe. Wolfe was a professor at Texas Tech University and a windmill enthusiast. She often traveled the country to document existing windmills and encourage locals to conserve them. Wolfe partnered with Harris, who at the time was an engineer and owner of a local company that specialized in designing electricity-generating wind turbines. The two amassed a small collection of windmills, which they kept in storage until 1997. That year, the city of Lubbock donated the land where the restored mills were erected and prepared for display. The center now boasts more than 160 windmills.

Officially opened in 1998, the center hosts nearly 20,000 visitors each year. The museum's collection is so comprehensive that more than 75 percent of all American-made windmill varieties are included in the exhibit. The remaining 25 percent are exceedingly rare and difficult to find, according to Harris. He says that many of the windmills the museum hasn't acquired were made by small companies that might have made a single model of a mill and then gone out of business.

"Historically, when a windmill would break, people would just throw it away," he says. "To them, it was simply a tool that didn't work anymore. So they replaced it."

Everything was not lost, of course. In the exhibit hall, rare windmill tails hang on the wall in their original crates, and a small room was created to display a collection of windmill weights that manufacturers once used. Outside the functionality of the contraptions,







With more than 12,000 megawatts of generating capacity, Texas is the top wind energy

the tails and weights stand out as pieces of Americana. The tails are colorfully painted in patriotic hues while the tail weights represent horses, cattle, crescents and squirrels, among other things.

"The first thing I hear when people walk into the exhibit hall is 'wow!' " says Tanya Meadows, director of marketing for the center. "Most never knew that there were so many different kinds of windmills."

Harris and Meadows ardently believe in educating the public about the value of the wind and the valuable service these tools provide. In 2007, the center commissioned an immense mural to realistically portray the importance of the windmill. In a spacious event room adjoining the exhibit hall and gift shop rises the 6,000-square-foot mural, which depicts the windmill in context with the local culture from the late 1880s through today.

"The wind is a valuable resource," Meadows says. "This part of the world would not have been livable if it had not been for the windmill to pull the water from underground." "Windmills became a large industry which lasted until the 1930s and 1940s," says Harris. As cooperatives formed across the state to bring electricity to remote areas, it slowly supplanted wind as the preferred power for pumping water.

"In the 1950s, when electricity was available in most locations, the windmills became more rare. Today, fewer and fewer windmills are used on ranches to pump water," Harris says. "You just can't find people to work on them anymore."

A NEW GENERATION OF WINDMILLS

ver the past decade, wind power has seen a renaissance across Texas. Instead of pumping water, wind power is harnessed to turn immense turbines to generate electricity.

The Electric Reliability Council of Texas, which manages about 90 percent of the state's electric load, says that at the end of April, its system's wind turbines had a generating capacity of

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producer in the nation.

13,060 megawatts. Texas is the top wind energy producer in the nation, and in 2014, wind power accounted for 10.6 percent of ERCOT's generation. ERCOT set a record the night of February 19 when wind generated 11,154 megawatts of electricity.

Outside the exhibit hall, visitors are dwarfed by a towering, three-bladed General Electric turbine. This functioning unit is the same type you'll see on wind farms, mainly in the Panhandle, far West Texas and along the Gulf Coast. This specific wind turbine generates electricity that helps power the center.

In response to the recent surge in wind power, another 33,000-square-foot building is under construction at the center. Inside the new hall, electric generation technology will be one of the key features. Right now, the building is simply a concrete and metal skin, but already installed in the 15-foot pit is an early version of a wind-powered electric turbine designed in the late 1970s. Ultimately, the turbine will be a hands-on display where visitors can manipulate the pitch of the blades and interact with other controls.

Under the direction of Coy Harris, far right, the museum features, clockwise from left, a variety of windmill designs, tails and weights. The new exhibit hall, expected to open later this summer, will also feature a miniature version of the city of Lubbock from around

1910 to the early 1960s—the era when windmills and trains were commonly used. Weaving through the town and around the new hall will be 3,000 feet of miniature train tracks that will run on three levels.

Harris points out that the museum is solely donor-supported, but the labor of love is worth the effort. "It is important to have examples of these American inventions so that future generations can see them and watch them work."

Writer and photographer **Russell Graves** travels far and wide from his home in Childress. He is a member of South Plains EC.

WEB EXTRAS at TexasCoopPower.com View a slideshow with more photos.

Becoming OUTDOO





hen you're headed west out of San Antonio on Highway 90, the scenery changes almost immediately outside the city limits. Electronic billboards and fast food chains give way to fields dotted with oak trees. After the last convenience store, you're more likely to see rustic gas stations and restaurants with names like Billy Bob's Hamburgers. This transition from city into country seems fitting for me, a veritable city girl, as I drive toward Neal's Lodges in Concan to attend one of the Texas Parks and Wildlife Department's "Becoming an Outdoors-Woman" workshops.

In terms of personal transformation, my expectations were low. I was under no illusion that this experience would magically change me into a modern-day Annie Oakley, especially given

Story and photos by Laura Jenkins

that the workshop lasted only about 48 hours. But the fact that I associated women and outdoors with a sharpshooting frontierswoman is ample evidence

that I didn't really understand why women across the state vie for a coveted spot on the BOW attendee roster year after year.

Over the next two days I learned a lot—not just about bicycle maintenance, firearms and fishing. I was reminded that there are scores of women who deeply enjoy outdoor activities traditionally populated by men. I also learned that, contrary to lingering cultural and gender stereotypes, these gals weren't

inclined to relinquish a drop of their femininity to do so.

BOW originated with a workshop at the University of Wisconsin-Stevens Point in 1990. Conference collaborators identified 21 barriers that keep women from participating in hunting and angling. The barriers included things like how girls were reared and the intimidation women feel in all-male hunting or fishing groups. More than half of the barriers were rooted in education, meaning women didn't know how to learn the skills or how to acquire the necessary equipment.

In an attempt to overcome those obstacles, Christine Thomas spearheaded the workshop that offers outdoor education classes in a safe, supportive, noncompetitive environment. About 100 women attended the 1991 event in Wisconsin, and it was so successful that other state agencies contacted Thomas to inquire about staging their own.

oday, BOW is offered in 39 states and in six Canadian provinces. The Texas chapter is run by the TPWD Hunter Education Program's Heidi Rao, who took on the BOW coordinator role in addition to her full-time job as a hunter education specialist.

"BOW wouldn't happen without other staff who believe in it just as much as I do," she says. "They say, 'If I don't get paid to do this, I'm taking vacation, and I'm going to come do it anyway.' Unbelievable."

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RS-WOMAN





I was reminded that there are scores of women who deeply enjoy outdoor activities traditionally populated by men.

Believe it. All of the Texas BOW instructors are volunteers. Several are men, but Rao says they select mentors who are patient and enthusiastic about teaching women outdoor skills. Archery instructor Raymond Gonzales, who received rave reviews from the women in his classes, says he would actually rather teach women.

"They don't have any preconceived notions on how to shoot a bow," says Gonzales. "Therefore I'm able to teach them from the stance to the actual release of the arrow."

The curriculum is divided into one-third hunting, one-third fishing and one-third "nonharvest" activities, which include camping, horseback riding and kayaking. Since I wanted to observe as many sessions as possible, the only class I actually participated in was bicycle maintenance, taught by TPWD biologist Brooke Shipley-Lozano. It was an empowering experience to learn how to repair and maintain my own bike, and it wasn't as difficult as I thought it might be. The instructor's insistence that I could do it fueled my determination, and I found that I wasn't afraid to ask "dumb" questions because all of the other

participants were learning for the first time, too.

Few of the women I interviewed grew up in a family or a community where they were encouraged to embrace outdoor activities that were considered masculine.

"That's why this was created," says Rao. "It was always the son or the grandson that got the gun; the girl got the doll. That's just how most women were raised."

That would explain why gender and cultural stereotypes still sometimes fuel the notion that women who hunt and fish are less feminine. To the contrary, many of the women I met at BOW seemed to be equally at home hitching a trailer as dancing in an impromptu Zumba class. Rao herself has four sons, is a professional hunting education specialist, and is a member of the National Rifle Association. But she also loves being a girl. She unapologetically confessed that she always puts on makeup—even when she's camping.

Cosmetics and guns I could fathom. What I had a hard time envisioning was women who were enthusiastic about skinning animals. I was trying to keep an open mind about the "Oh Deer! Now What?" workshop, where students would "learn how to

A recent workshop includes, from left, Jan Dietman of Arkansas trying archery; Jennifer Hesse of Tomball learning bicycle maintenance; campfire coffee; and Techa Majalca of Bastrop leading a horse.







The curriculum is divided into one-third hunting, one-third fishing and one-third "nonharvest" activities, which include camping, horseback riding and kayaking.

properly tag, field dress, skin, quarter and prepare game for transport." To put it mildly, I'm not even remotely interested in the butchering process. And I wondered if any of the other women had actually signed up for it.

Sarah Padgett, a real estate agent from Midlothian, says her husband loves for her to hunt with him. But he made it clear that if she killed an animal, she would be dressing it herself. So she was the first to volunteer when the instructor asked who wanted to start the process. As Padgett enthusiastically began, both teacher and students offered her a steady stream of counsel and encouragement.

I found the same supportive, judgment-free learning environment in every session. Though I didn't actually learn how to fly fish on this trip, watching Skipper Kessler demystify the art and technique of casting made me believe that I could. The way shotgun instructor Jimmie Caughron interacted with his students was reminiscent of an older brother taking his kid sister under his wing. And Steve Hall's students were spellbound by his gamecalling anecdotes and techniques.

y the end of the weekend, I wasn't buying the use of "becoming" in the title. The women I encountered at Neal's Ranch didn't look like outdoor neophytes. Many were wearing badges and pins that marked them as "repeat offenders," which meant that this wasn't their first BOW event. But Rao says that doesn't mean they're proficient in all of the activities.

"We offer 30-something classes at this workshop, and attendees only get to pick four," says Rao. "So they get here, they get their four sessions, and they go, 'Oh my gosh! Look what they're doing!' and they want to come back. My rule is that if you come back, bring somebody to share this with you. Research shows that you're more likely to continue an activity when you have a support system."

Laura Jenkins is a writer and photojournalist based in Austin.

WEB EXTRAS at TexasCoopPower.com

Learn more about the BOW program and Texas Outdoors-Woman Network online.

Amanda Bayane of New Braunfels aims a shotgun, and Robin Zapalac of Ledbetter gives fly fishing a try.

Getting Into BOW

BOW workshop dates are published on the TPWD website months in advance. But registration information is sent via email and regular mail approximately eight to 12 weeks before the event. Competition is fierce; the fall 2014 workshop was full within five hours after registration opened. Some participants reported taking a vacation day from work to ensure themselves a spot.

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The sun rises and sets at peak travel periods, during the early morning and afternoon rush hours and many drivers find themselves temporarily blinded while driving directly into the glare of the sun. Deadly accidents are regularly caused by such blinding glare with danger arising from reflected light off another vehicle, the pavement, or even from waxed and oily windshields that can make matters worse. Early morning dew can exacerbate this situation. Yet, motorists struggle on despite being blinded by the sun's glare that can cause countless accidents every year.

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Protecting your eyes is serious business. With all the fancy fashion frames out there it can be easy to overlook what really matters—the lenses. So we did our research and looked to the very best in optic innovation and technology.

Sometimes it does take a rocket scientist. A NASA rocket scientist.

Some ordinary sunglasses can obscure your vision by exposing your eyes to harmful UV rays, blue light, and reflective glare. They can also darken useful vision-enhancing light. But now, independent research conducted by scientists from NASA's Jet Propulsion Laboratory has brought forth ground-breaking technology to help protect human eyesight from the harmful effects of



Slip on a pair of Eagle Eyes® and everything instantly appears more vivid and sharp. You'll immediately notice that your eyes are more comfortable and relaxed and you'll feel no need to squint. The scientifically designed sunglasses are not just fashion accessories—they are necessary to protect your eyes from those harmful rays produced by the sun during peak driving times.

solar radiation light. This superior lens technology was first discovered

when NASA scientists looked to nature for a means to superior eye protectionspecifically, by studying the eyes of eagles, known for their extreme visual acuity. This discovery resulted in what is now known as Eagle Eyes®.

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Eagle Eyes® features the most advanced eye protection technology ever created. The TriLenium® Lens Technology offers triple-filter polarization to block 99.9% UVA and UVB—plus the added benefit of blue-light eye protection. Eagle Eyes® is the only optic

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Eagle Eyes® has the highest customer satisfaction of any item in our 20 year history. We are so excited for you to try the Eagle Eyes® breakthrough technology that we will give you a second pair of Eagle Eyes® Navigator™ Sunglasses FREE—a \$99 value!

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Studies by the National Highway Traffic Safety Administration (NHTSA) show that most (74%) of the crashes occurred on clear, sunny days

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CONSERVATION AND SAFETY INFORMATION



Electrical Fact and Myth: Know the Difference

WHEN IT COMES TO ELECTRICITY, you have to know the facts. They might save your life one day. Here are some common electrical myths proved false:

Myth: Once an electrical line is down, it is dead.

Fact: The electric current does not always turn off when a power line is down. Even if lines do not show signs of life (arcing, smoking, buzzing, popping), they can still hold a dangerous electrical current. Always treat a downed wire as if it's energized because there is no way for you to know by looking whether it is hot or not. Just stay away, and keep others away.

Myth: All power lines are insulated.

Fact: Most power lines actually are not insulated. The coating on the lines is mainly for weatherproofing and will not offer any protection from the electrical current. Even if a power line is insulated, its insulation can crack due to weather, reducing its safety. No matter the case, it is never safe to touch a power line.

Myth: There is no need to worry about power lines when digging a hole.

Fact: Always call 811 before you dig to have a professional come to your home and locate buried public utility lines, free of charge. No matter the size of a digging project, if you come into contact with a buried power line, you could be electrocuted or seriously injured.

Myth: It is safe to work around a power line at home as long as direct contact is not made.

Fact: Electricity can jump, or "arc," from a line to the nearest

conductor—which could be you. Always keep yourself and equipment at least 10 feet from power lines. This goes for ladders, pool skimmers, pruning poles and any other equipment. Always be aware of where power lines are so you do not risk electric shock. If you are planning to trim trees or attempt any do-it-yourself project near power lines, always call professionals for the job instead.

Myth: It is safe to remove the third prong from a plug.

Fact: The third prong is a safety feature designed to reduce the risk of shock or electrocution. That prong grounds the electrical current. If the outlet is only fit for a two-pronged plug, replace the outlet with a three-pronged one—or, even better, a ground-fault circuit interrupter outlet, which prevents electric shocks.

Myth: Tires insulate my car from electrical dangers.

Fact: If a wire falls on your car while you are in it, the tires do not keep you from being injured by the electricity. The vehicle is the path to ground for the electrical current, so while you remain in the car, you are safe. As soon as you step out of the car, you become the path to ground and are in immediate danger.

If you find yourself in a situation where your car has hit a utility pole or power lines have fallen onto or near it, stay in the car and warn others to stay away. Wait for a utility crew to cut the power to the lines. Only exit the car if it is on fire. Make sure to not touch the ground and the car at the same time. Jump from the car, keeping your feet together, and hop away from the scene.

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Putting Safety First This Month

And throughout the year

IT'S JUNE—AND YOUR electric cooperative is celebrating National Safety Month. Safety for our members and employees is our top priority year-round, and now is a good time to take an even closer look at the importance of safety.

This year, we're focusing on electrical safety in the home. Electricity is the cause of more than 140,000 fires each year, resulting in more than 500 deaths, 4,000 injuries and \$1.6 billion in property damage, according to Electrical Safety Foundation International.

There are many measures you can take to ensure the safety of your loved ones. Use these helpful tips to safeguard your home.

In the Kitchen

- ► Ensure that all countertop appliances are located away from the sink.
- Keep all appliance cords away from hot surfaces. Pay particular attention to cords around toasters, ovens and ranges. Cords can be damaged by excess heat.
- ➤ The top and the area above the cooking range should be free of combustibles, such as potholders and plastic utensils. Storing these items

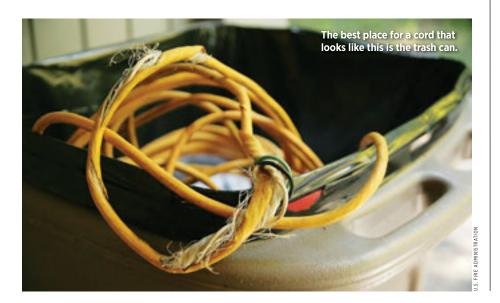
on or near the range may result in fires or burns.

Light the Way to Safety

- ► The wattage of the bulbs you use in your home should match the wattage indicated on the light fixtures. Overheated fixtures can lead to a fire.
- Check lamp, appliance and extension cords to make sure they are in good condition—not damaged or cracked. Do not attempt to repair damaged cords yourself.
- Extension cords should not be used to provide power on a long-term or permanent basis. Have additional outlets installed by a professional to provide power where needed.

Be Prepared

- ▶ Nearly two-thirds of fire deaths result from fires in homes without working smoke alarms. Smoke alarms should be located on every level of your home, inside each bedroom and outside each sleeping area.
- Test smoke alarms every month. Batteries should be replaced at least once a year. All smoke alarms should be replaced at least every 10 years.





Keep your refrigerator's temperature set at 35 to 38 degrees Fahrenheit, and make sure the seals around the doors are airtight.

Cool Down Refrigerator Costs

AS WARM TEMPERATURES settle in for the summer, refrigerators are set to get a workout keeping food and drinks cool for hot and thirsty friends and family members. Follow these tips to reduce the amount of energy your refrigerator uses.

Minimize the number of times you open your refrigerator. Plan accordingly so you don't have to leave the door open for prolonged periods of time. An open door allows warm, moist air to enter, which makes the compressor work harder.

Set the appropriate temperature. Keep your refrigerator at 35 to 38 degrees Fahrenheit.

Place your fridge in a cool place.
Position the refrigerator away from a
heat source such as an oven, a dishwasher or direct sunlight from a window.

Allow air circulation behind the fridge. Leave a few inches between the wall and the refrigerator, and keep the condenser coils clean if you have an older model. Read the user's manual to learn how to safely clean coils.

Check the door seals. Make sure the refrigerator seals around the door are airtight. If not, replace them.

If you buy a new refrigerator, be sure to recycle your old one. Many appliance retailers will pick up and recycle your old refrigerator when you purchase a new one.

Bid by Bid the Billing Builds

Linguistic calisthenics of the auctioneer keep count as the money comes in

BY JUDDI MORRIS

A LIVESTOCK HANDLER THROWS OPEN THE gate, and a massive Hereford bull shoulders his way into the auction ring. The auctioneer starts his chant: "Five thousand, who'll gimme five, how about a five, will ya make it five?" he asks in a rolling, rhythmic chorus. His voice is steady as a drumbeat with a leg-slapping, foot-patting cadence that pulsates through the crowd.

Just watch him, this man behind the auction block. He's a showman. With swiveling head and one palm extended and upturned, he plays the crowd, alternately coaxing and urging the bidders. The rhythm is hypnotic yet urgent. Wow, now he's even cutting words in half to rev up the pace, and his voice takes on the whine of a high-speed racing engine.

This isn't just babble; in less than a minute, the deal's closed, the bull exits the ring, and then the money changes hands. That old joke about an auctioneer so skillful he could get a crowd to bid on a pile of manure certainly fits this guy.

Is this some kind of live theater? Well, yes, in a way, but it's also just another weekly auction at the local livestock sales yard—business as usual at markets all across Texas. Still, the person who fires off prices and waves in bids from the auction block is more than a fast talker. This auctioneer is the mediator, the agent between buyer and seller.

To see how difficult an auction chant is, just try a little yourself. Repeat these tongue twisters—straight from an auction-eering school in California—over and over, faster and faster until they can be repeated smoothly: "Round the rugged rock the

ragged rascal ran," or "Betty Botter bought some butter, but she said, 'This butter's bitter. If I put it in my batter, it will make my batter bitter.' So she bought a bit of better butter, put it in her bitter batter, made her bitter batter better." Whew!

In auctioneering schools, mastering the rhythm of the basic chant, "cattle rattle," auction cry or "holla for the dolla" takes up a large part of the sessions. To get unfamiliar throats, lips and tongues in shape, students start at square one with something easy like: "One dollar bid, now two, now two, will you give me two? Two dollar bid, now three, now three, will you give me three?" The auctioneer just repeats the last bid and exhorts the crowd for a higher number-a higher price. Between the two figures, the auctioneer might add comments such as "Momma" or "Are you able to buy 'em?" or some other favorite jazzy filler to add a little pizazz and smarten up the flow.

Beginners who try for speed too early are amazed when teachers urge them to slow down a tad, to let their minds and mouths work at the same speed. Clear enunciation is the most important thing in the chant. They know that folks aren't going to make a bid if they can't understand what the auctioneer is saying. Speed comes later—and it will. These eager beginners slowly learn to string together a solid chant. Proper breathing methods start to strengthen the voice. Students learn ways to work a crowd to coax the highest possible bids.

Many auctioneers also use their hands constantly, but deliberately. Good ones





never point a finger or blow a bidder's cover. Waving bids toward himself or herself, palm facing inward, is worth money. The chant combined with gestures is designed to develop a sense of urgency and keep the crowd excited and bidding. Good auctioneers develop their own personal flourishes to electrify crowds.

Sure, you'll hear the corny, ham-fisted jokes some auctioneers crack as they start the sale: For all you folks who have

asked, the pigs are on sale in the porking lot! But a good auctioneer also knows how to clerk and cashier, read a livestock pedigree, appraise merchandise, advertise, choose a public address system and select a good sales staff. Many could even give stand-up comedians a tip or two on how to deal with hecklers in a cool and calm way.

Learning to display merchandise is also important. In a single-farm sale, every-

thing from a prize heifer or a refrigerator to a soil auger, sofa bed or milk cow might be offered. If farm equipment or even posh household goods are piled up or left in a jumble, even the best wares look like so much junk.

After graduating from an auction school, a student of either gender is eligible to answer to the title of "colonel," an honorary form of address that dates to the Civil War. Legend says that after a battle was over, the winning side auctioned off the belongings of the losers. The officer in charge of the auction often held the rank of colonel. Hence ...

You may have wondered, as I have, when someone blinks at the wrong time or coughs or accidentally moves or waves a hand, if they've just bought that prize bull, rocking chair or tractor. No way. A reputable auctioneer would never hold anybody to an accidental bid.

Auctions have been a profitable and popular way to conduct business for centuries. Written accounts cite auctions in Babylon in 500 B.C. Not only do they move the goods, they also bring communities together. Auction day is a meet-and-greet social occasion for neighbors to gather from miles apart—the very essence of rural America.

And, who knows, you might pick up something. One of my friends met the love of her life at the stockyards, where he was calling out the "cattle rattle." Another one picked up a bad case of the flu sitting next to a couple who was coughing and sneezing!

Juddi Morris lives in Gainesville.

After the Fire

"Texas People, Texas Places" book excerpt: Help pours in for West Texas community facing calamity

BY LONN TAYLOR

I WAS HESITANT TO WRITE ABOUT THE fire that swept through Fort Davis the evening of April 9, 2011 destroying 24 homes, because I was not even there when it hit. My wife and I were returning from a trip to New Mexico that Saturday, and we were stopped at a roadblock in Balmorhea. A state trooper told us that we could not go to Fort Davis because the town had been evacuated and was in flames. We spent Saturday night in a motel in Balmorhea, not knowing whether we would have a house to go home to or not.

I decided in the motel that the best way to deal with the situation was to assume that our house had burned down and we had lost everything. If that proved not to be true, I reasoned, I would be elated, and if it were at least I would be prepared for it. We had our suitcases from our trip in the car with several changes of clothing, our computer, a coffeepot, and a bottle of wine, and that, I thought, would be enough to make a fresh start on. My wife, on the other hand, thought my attitude was nonsense. She was sure our house was undamaged, she said, and she rolled over and went to sleep. I woke up every half hour, trying to remember who held our homeowner's insurance policy, which I keep in a drawer in my desk, trying to figure out how I was going to pay our income tax if our checkbooks were burned up; and remembering family photographs and mementos that I was going to miss.

Curiously, the thing I thought that I would miss the most was a little three-inch-high lead figure of a black man smoking a cigar and wearing white trousers, a

short green jacket, and a gray derby hat that my father brought me from a business trip to Richmond, Virginia, when I was four years old. I think he bought it at the magazine stand in the railroad station there. It is the only tangible object I have from my early childhood, and it has stood on my desk for many years. It turned out that my wife was right. Our house and our neighborhood survived the fire and my little lead man is still on my desk.

Two things about the fire are astonishing in retrospect. The first is that no lives were lost in Fort Davis, even though part of town was an inferno that night. The other is the way that people here have helped each other in the days since it struck. As one of my neighbors said, "We may fuss and fight with each other most of the time, but when the chips are down we all pull together."

It started the night of the fire. In spite of the state troopers driving through town telling people to evacuate, some people chose to stay in town and fight the fire. They saved not only their own homes but their neighbors'. Bud and Adele Coffey live just off South Front Street, where several houses burned. Bud told me that he was not home when the order to evacuate came: he and his son Ross had driven down to Mano Prieto to turn a friend's horses out of their pen in order to save them from the approaching flames. When they got back they found Adele packing the car. "We're not leaving," he told her. "We've got to stay here and keep our house from burning down."

"We saw the fire hit Dolores Mountain,"





Bud told me. "It came down the side of the mountain in about five minutes and hit the McMurrays' old house. The butane tank there exploded, and the flames were headed across the vacant lot towards Kelly Fenstermaker's house. We had our garden hose hooked up and were wetting down our house, and we got another hooked up and wet down that lot, and that saved Kelly's house. The wind was blowing so hard the water was blowing back in our faces, and we had to get real close to the fire to do any good." The Coffeys managed to wet down one more house before the power went out and their pump stopped working. They saved that house with wet gunnysacks. They were by no means the only ones trying to save other people's houses that night.

That same night, Joe and Lanna Duncan opened their El Capitan Hotel in Van Horn free to all Fort Davis evacuees. At their Limpia Hotel here in Fort Davis, the employees left and put a sign on the door that said, "Everything is open.

Firemen, just find a place to rest."

The Tuesday morning after the fire, ranchers and cowboys from three counties converged on Fort Davis to round up loose livestock. The Miller boys from Valentine, who had been here Saturday night fighting the fire, showed up. Jon Means came from Van Horn with three cowboys and a stock trailer. There were at least half a dozen other stock trailers in town that day, and twice that many pickups towing trailers with saddled horses. They worked their way up Highway 17, where all the fences had burned, sorting out cattle from at least five ranches and moving them to unburned pastures. Somewhere along the way they acquired a stray Shetland pony. Someone penned seven displaced Shetlands in a fenced yard in Fort Davis that evening.

Then there is the hay. The first truckload of round bales rolled in from Fort Stockton, ninety miles away, just a few days after the fire. They were sent by ranchers there who knew ranchers here. The trucks have kept

coming, two or three a day, as word has spread through the ranching community that there are ranchers here without feed. They are now arriving from as far away as Oklahoma and Tucumcari, New Mexico. The trucking charges have been paid by ranchers and 4-H clubs all over the state. The bales are stacked up in Curtis Evans's pasture south of town, and County Agent Logan Boswell is making them available to anyone whose pastures have burned.

For the past two weeks the standard greeting in Fort Davis has been, "Y'all all right? Your house all right?" Those who lost their homes are soldiering on and trying to smile. At Jerry and Jeanne Yarbrough's place, which was a pile of rubble the day after the fire, the lot has been scraped clean. But their flagpole is still standing, and new American and Texas flags are flying from it. That is the West Texas way.

Excerpted from "Texas People, Texas Places: More Musings of the Rambling Boy," TCU Press; prs.tcu.edu [Original column: April 28, 2011]

Affordable <u>New</u> Digital Hearing Aid <u>Outperforms</u> Expensive Competitors Delivers <u>Crystal - Clear</u> Natural Sound

Reported by J. Page

Chicago: Board-certified physician Dr. S. Cherukuri has done it once again with his newest invention of a medical grade ALL DIGITAL affordable hearing aid.

This new digital hearing aid is packed with all the features of \$3,000 competitors at a mere fraction of the cost. Now, most people with hearing loss are able to enjoy crystal clear natural sound — in a crowd, on the phone, in the wind — without suffering through "whistling" and annoying background noise.

After years of extensive research, Dr. Cherukuri has now created a **state-of-the-art** digital hearing aid that's packed with the features of those expensive \$3,000 competitors – at a **fraction of the price**.

New Digital Hearing Aid Outperforms Expensive Competitors

This sleek, lightweight, fully programmed hearing aid is the outgrowth of the digital revolution that is changing our world. While demand for "all things digital" caused most prices to plunge (consider DVD players and computers, which originally sold for thousands of dollars and today can be purchased at a fraction of that price), yet the cost of a digital medical hearing aid remains out of reach.

Dr. Cherukuri knew that many of his patients would benefit but couldn't afford the expense of these new digital hearing aids. Generally they are not covered by Medicare and most private health insurance.

The doctor evaluated all the high priced digital hearing aids on the market, broke them down to their base components, and then created his own affordable version — called the **MD**HearingAid®*AIR* for its virtually invisible, lightweight appearance.









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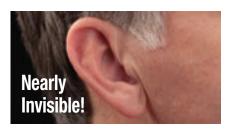
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— Dennis

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— Dr. Chang

"As a retired advanced practice nurse, I purchased the MDHearingAid AIR after the Wall Street Journal review. I am so pleased with the quality. You are providing a real service to our affordable health care."

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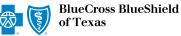
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The Texas Calaboose

Tiny jails were common in 19th-century Texas

BY BILL MOORE

TEXAS HAS ALWAYS BEEN ASSOCIATED with being big, but this article focuses on the calaboose, a building considered small by today's standards but important until the early part of the 20th century. The word "calaboose" comes from the 18th-century Spanish *calabozo*, which means "jail, dungeon or cell." My research shows that the term is associated with small buildings constructed of logs, milled boards, poured concrete, bricks or stone.

Calabooses were prevalent throughout the U.S., and, at one time, a calaboose was probably present in most of the 254 Texas counties. Based on my review of Sanborn maps—historical town maps created for fire insurance purposes—and interviews with local informants, I determined that at one time there were at least 238 calabooses in the state. I have identified 74 that still stand in 2015. Many had no indoor plumbing or electricity, and dirt floors were common. In some cases, the only source of light and ventilation were tiny windows. The brick calaboose in Desdemona has no windows.

Although calabooses are typical of small towns, they were also present in county seats and were often erected before funds were available for a county jail. The Sanborn maps for Stephenville show that in 1885, there was a two-story stone county jail. In 1902, a wooden calaboose stood next to it. In 1907, the calaboose was still there, but the stone jail was vacant, and nearby stood a new four-story concrete jail. In 1921, the building that housed the stone county jail and the tiny calaboose building were both gone.

The most likely scenario is that the wooden calaboose served as an interim lockup while the new county jail was in the planning and construction stages.

During the early decades of the 20th century, small Texas towns and communities usually lacked the funds for a police



The calaboose in Big Lake came from nearby Stiles and features interlocking corners.

force, and the county sheriff was not always available to make on-the-spot arrests or to transport prisoners, especially at night and in bad weather. Therefore, local citizens serving as constables, marshals or night watchmen were charged with enforcing the law. The calaboose served as a holding facility until the prisoners were released or transported to the county jail.

The typical prisoner in a calaboose was there for drunkenness or rowdy behavior. Leo Helpert and Billy Prescott, both born and raised in Burlington, said they were old enough to remember that the prisoners were there for drinking or fighting.

Calabooses were constructed with minimal funds using the materials that were most readily available. Concrete was commonly used because it was inexpensive, weather-resistant and strong. Stone had to be cut and shaped to build a calaboose. The majority of calabooses depicted on the Sanborn maps were made of wood. Sometimes, the walls were constructed using

2-by-4-inch boards stacked on top of one another. This method created very strong walls, as opposed to walls built by simply nailing boards to a frame. The boards were joined at the corners in much the same manner as dovetail joints in the houses and cabins built in the 19th century.

This once-common building began to lose significance as better roads and more dependable vehicles made it easier to transport prisoners to the county jail and for the sheriff to patrol small towns. By the time of the farm-to-market roads act of 1949, the calaboose had virtually disappeared. My review of Sanborn maps failed to turn up one calaboose still standing after 1950 that was not vacant or being used for another purpose.

Some of the existing calabooses are in excellent condition and are being preserved as a legacy of the past. The town of Grapevine moved its calaboose to the corner of Franklin and Main streets, where it is a popular attraction for tourists and school field trips.

Bill Moore is an archaeologist in Bryan. His calaboose website is tinytexasjails.com.

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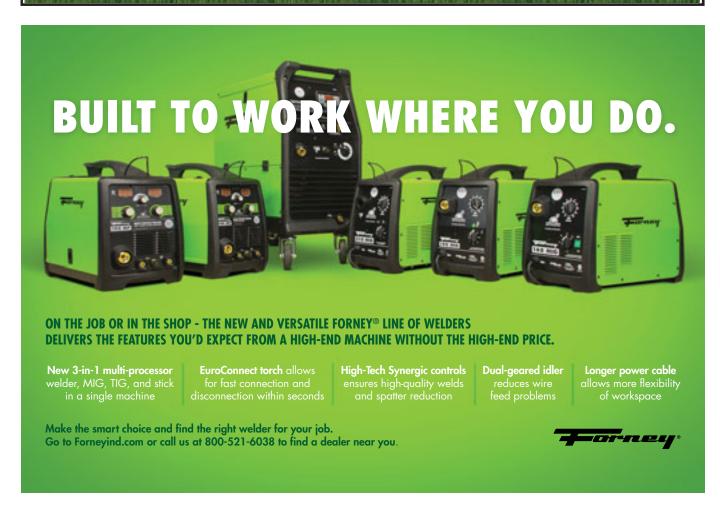


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Your Heritage Through Food

THIS MONTH'S FEATURED RECIPE IS FROM "Texas on the Table," a cookbook that profiles vineyards, dairy farms, ranchers and chefs who've embraced the true tastes of Texas. This savory tart is from Molly McCook, executive chef of Ellerbe Fine Foods in Fort Worth. Named for her grandparents and housed in a restored 1920s gas station, the restaurant features farm-to-table fare inspired by the owner's Louisiana heritage.

ANNA GINSBERG, FOOD EDITOR

Molly McCook's Tomato Tart

PASTRY

- cups all-purpose flour
- teaspoon kosher salt
- cup unsalted butter (1 stick), chilled and cut into 1-inch cubes

tablespoons cold water

- cup mascarpone cheese
- tablespoon minced fresh thyme
- large Brandywine tomato, sliced 1/4 inch thick (or substitute another large variety of heirloom tomato)
- 2 green tomatoes, sliced 1/4 inch thick
- teaspoon kosher salt
- teaspoon freshly ground black pepper Zest of 1 large lemon
- 1. Preheat oven to 425 degrees.
- 2. PASTRY: Combine the flour and salt in a bowl. Cut the butter into the flour, using a fork or your fingers, until the mixture has the consistency of cornmeal. In a separate bowl, whisk together the egg and water. Make a well in the center of the flour mixture and pour the egg into the well.
- 3. Work the flour mixture and liquid together to form dough. Lightly flour a work surface and roll the dough out to approximately 1/2-inch thickness. Trans-

removable bottom, or onto a baking sheet lined with parchment paper. **4.** FILLING: Spread the mascarpone cheese on the dough, leaving a 1-inch border if you are not using the tart pan. Sprinkle minced thyme over the cheese. Season tomato slices with salt and pepper, then begin to layer, alternating the red and the green over the mascarpone. Scatter lemon zest over tomatoes. **5.** If you are baking the tart on a baking

sheet without the tart pan, carefully fold the bare edge of the dough over the outer edge of the tomatoes to form a crust. Bake the tart about 25-30 minutes or until the crust is golden brown. 6. Remove from the oven. Gently drain excess liquid from the tart. Slice into wedges and serve hot.

Servings: 8. Serving size: 1 slice. Per serving: 225 calories, 4.19 g protein, 11.46 g fat, 24.24 g carbohydrates, 1.01 g dietary fiber, 301 mg sodium, 0.21 g sugars, 53 mg cholesterol

"Texas on the Table" by Terry Thompson-Anderson (University of Texas Press, 2014), utpress.utexas.edu

Recipes

Your Heritage Through Food



THIS MONTH'S RECIPE CONTEST WINNER

MONICA CARLSON | PEDERNALES EC

Food is one of the clearest ways that one generation transfers its heritage to the next: Great-great-grandma loved a local dish from her childhood, then eventually made it for her own daughter or son, and so on. Favorite recipes get passed on through generations, to friends and, now, to our readers.



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Swedish Tosca Cake

"My grandfather moved to Texas from Sweden. I was curious about what life in Sweden was like, so I became an exchange student there. Whenever I eat this cake, I feel a connection to my heritage. In fact, some of my cousins from Sweden came to visit, and when I served this cake to them, they said it was just like they would get at home."

CAKE

- 1/4 cup dry bread crumbs
- 1 cup all-purpose flour
- 1½ teaspoon baking powder
- 1/4 teaspoon salt
- 2 large eggs, room temperature
- 1 cup sugar
- 1 teaspoon vanilla extract
- 1/4 cup whole milk
- ½ cup salted butter (1 stick), melted and cooled

TOPPING

- 1/4 cup blanched, sliced almonds
- ½ cup salted butter (½ stick), room temperature
- 3 tablespoons sugar
- 2 teaspoon heavy cream
- 1 tablespoon all-purpose flour
- 1. Preheat oven to 325 degrees. Grease a 9-inch round cake pan, springform pan or 9-inch deep-dish pie plate, and coat bottom and sides with bread crumbs.

- 2. Sift together flour, baking powder and salt then set aside. In a mixing bowl, using a handheld mixer, beat eggs until light and fluffy. Gradually beat in sugar and vanilla.
- 3. With a mixing spoon or heavyduty scraper, stir the flour mixture into the egg mixture alternately with milk, beginning and ending with flour. Stir in the melted butter. Pour batter into pan and bake 30 minutes or until a toothpick inserted in center of cake comes out clean.
- **4. TOPPING:** While cake is baking, place almonds in a small saucepan with softened butter, sugar, cream and flour. Bring to a boil, stirring constantly. Remove from heat and let sit, stirring a couple of times, while cake finishes baking.
- 5. When the cake tests done, remove from oven and increase heat to 375 degrees. Spread almond topping gently over cake, covering as much of the top as you can, and place cake pan on a cookie sheet. Return to oven and bake 10 minutes longer or until the top is bubbly.
- **6.** Let cake cool completely before serving. Cake develops a crackly texture on top when cool.

Servings: 8. Serving size: 1 slice. Per serving: 400 calories, 5.26 g protein, 20.24 g fat, 47.42 g carbohydrates, 1.13 g dietary fiber, 372 mg sodium, 30.69 g sugars, 94 mg cholesterol

Alesha's Oklahoma-Style Collard Greens

ALESHA LOFTON | COSERV ELECTRIC

"You can make this recipe without meat or you can use smoked turkey necks. Season to taste with pepper, garlic salt and Cajun seasoning."

- pound fresh collard greens
- 1 small jar (4½ ounces) minced garlic
- 1 pinch red pepper flakes
- 5-6 pickled jalapeño peppers, sliced, and juice reserved from jar
- 1 large chopped onion
- 1 smoked ham hock or 1 package smoked chicken or turkey neck bones
- 1 teaspoon black pepper
- 1 teaspoon Cajun seasoning
- 1 teaspoon garlic salt
- 7 cups water
- 3 cups chicken broth
- **1.** Clean and chop collard greens into 2-inch pieces.
- 2. In a large pot, combine collard greens, garlic, pepper flakes, jalapeños, 1 teaspoon juice from the jalapeño jar, onion, ham hock or neck bones, pepper, Cajun seasoning, garlic salt and water.
- 3. Mix ingredients well and bring to a boil. Reduce heat and let the greens simmer about 5-6 hours or until well cooked.
- **4.** Once the water has boiled down to about 1 cup, add the chicken broth and let simmer 30–45 minutes more. Serve with cornbread.

Servings: 4. Serving size: 4 ounces. Per serving: 110 calories, 7.73 g protein, 0.49 g fat, 21.58 g carbohydrates, 5.55 g dietary fiber, 1,316 mg sodium, 2.84 g sugars, 0 mg cholesterol

Crawfish Étouffée

LINDA BRAHANY | BANDERA EC

"I was born and raised in Louisiana, where crawfish is king. It wasn't until I was living in Texas and my aunt and uncle came to visit that he taught me how to make this

\$100 Recipe Contest

November's recipe contest topic is **Pitcher-Perfect Beverages.** The time for celebrations begins, offering opportunities to share a special drink with loved ones. From punch to cocktails, what will you be serving during the holiday season? The deadline is **June 10.**

There are three ways to enter: **ONLINE** at TexasCoopPower.com/contests; **MAIL** to 1122 Colorado St., 24th Floor, Austin, TX 78701; **FAX** to (512) 763-3401. Include your name, address and phone number, plus your co-op and the name of the contest you are entering.

easy étouffée. To this Louisiana transplant, it was heaven in a pot."

- ½ cup butter (1 stick)
- ½ teaspoon olive oil
- 1 cup chopped green onions
- 1 cup diced green bell peppers
- 1 can cream of celery soup (10.75 ounces)
- 1 pound crawfish tails

Cajun seasoning to taste Hot sauce to taste

- 1. Melt butter in a pot with olive oil. Sauté green onions and bell peppers on medium heat until soft, about 7 minutes.
- 2. Add cream of celery soup and crawfish tails, and simmer on low heat about 20 minutes, stirring several times to incorporate soup. Add the seasoning and hot sauce to taste.
- **3.** Serve over rice or your favorite pasta.

Servings: 6. Serving size: 8 ounces. Per serving: 219 calories, 12.10 g protein, 16.19 g fat, 4.16 g carbohydrates, 1.46 g dietary fiber, 182 mg sodium, 1.37 g sugars, 122 mg cholesterol

Baked Eggs in Cheesy Noodle Nests

PAT DAY | PEDERNALES EC

"My Irish grandmother mixed noodles with a sauce, put it in a baking dish, made little indentations in the noodles, broke an egg into the little 'nests' and then baked it."

- 3 cups cooked egg noodles, al dente(6 ounces dry)
- ½ cup butter (½ stick), softened, divided use
- 1 tablespoon all-purpose flour
- 1 cup whole milk
- cup grated cheddar cheese, divided use

Salt and black pepper to taste

- 6 eggs
- 1/8 teaspoon paprika, or as needed
- **1.** Preheat oven to 375 degrees. Grease 6 large custard cups. Spoon cooked noodles into the custard cups, dividing equally.
- **2.** Melt 2 tablespoons butter in a small saucepan set over medium heat. Add flour and stir until blended, then gradu-

ally add milk and stir over medium heat until mixture boils and thickens slightly. Reduce heat to low and add ½ cup cheese, stirring until melted. Remove from heat and add salt and pepper to taste.

- 3. Spoon cheese sauce over noodles, dividing evenly among dishes. Make a small indentation in the center of each noodle-filled cup and break an egg into each. Dot eggs with remaining butter and sprinkle with remaining cheese and paprika.
- **4.** Set custard cups on a baking sheet and bake until whites are set and yolks are still soft, about 25 minutes.

COOK'S TIP To make ahead of time, assemble the noodles and cheese in large custard cups or ramekins, then cover and refrigerate until ready to bake. Crack an egg into each noodle nest and bake as directed. Recipe halves well.

Servings: 6. Serving size: 110-ounce ramekin. Per serving: 402 calories, 17.69 g protein, 20.37 g fat, 32.48 g carbohydrates, 1.44 g dietary fiber, 260 mg sodium, 2.81 g sugars, 263 mg cholesterol



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Go to TexasCoopPower.com for details and official rules.





Enter online at TexasCoopPower.com. Each entry MUST include your name, address and phone number, plus the name of your Texas electric cooperative, or it will be disqualified. Specify which category you are entering, Sweet or Savory, on each recipe. Mail entries to: Texas Co-op Power/Holiday Recipe Contest, 1122 Colorado St., 24th Floor, Austin, TX 78701. You can also fax entries to (512) 763-3401. Up to three total entries are allowed per co-op membership. Each should be submitted on a separate piece of paper if mailed or faxed. Mailed entries can all be sent in one envelope. No email entries will be accepted. For official rules, visit TexasCoopPower.com. Entry deadline: August 10, 2015.



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▲ CAROL WALKER, Pedernales EC: "My husband was enjoying a cup of coffee on our deck in Canyon Lake when Big Jake decided to join him."

▼ BRYAN ZUMBAR, Grayson-Collin EC: Zumbar captures this silhouette of his mom enjoying a sunset on the farm where she grew up.

► DANNY PICKENS, Cherokee County EC: A fisherman takes a break at the Texas Freshwater Fisheries Center in Athens.

UPCOMING CONTESTS

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All entries must include name, address, daytime phone and co-op affiliation, plus the contest topic and a brief description of your photo.

ONLINE: Submit highest-resolution digital images at Texas CoopPower.com /contests. MAIL: Focus on Texas, 1122 Colorado St., 24th Floor, Austin, TX 78701. A stamped, self-addressed envelope must be included if you want your entry returned (approximately six weeks). Please do not submit irreplaceable photographs—send a copy or duplicate. We do not accept entries via email. We regret that Texas Co-op Power cannot be responsible for photos that are lost in the mail or not received by the deadline.



Slow Down

In Summertime, the days are a little longer and life is a little sweeter. Whether you are relaxing in a hammock, enjoying some fresh-squeezed lemonade or spending time with friends, kick back with us this month and take it easy.

GRACE ARSIAGA

WEB EXTRAS at TexasCoopPower.com Find more ways to slow down online.



▲ SHELLY BORGFELD, Pedernales EC: This quiet moment was captured at the Austin Fly Fishers booth at the Canyon Lake TroutFest.

▼ REBEKAH BONGATO, Sam Houston EC: "The summer is all fun and no work."



TexasCoopPower.com June 2015 Texas Co-op Power 35

Pick of the Month **Juneteenth Black Rodeo**

Athens [June 13]

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The rodeo, featuring the Real Cowboy Association and billed as "sturdy and durty," is dedicated to community involvement through diversity in families, food, fun and entertainment. The Henderson County Black Rodeo Association event includes relay races, bull riding, calf roping and barrel racing.



COWBOY: © ALAN POULSON | DREAMSTIME.COM. BLUEBERRIES: © OKOLAA | DREAMSTIME.COM

June

Greenville [6-7] Cotton Boll ArtFest, (903) 450-4502, amacmuseum.com

Elgin [12-13] Juneteenth Festival and Street Dance, (512) 963-2721

Katy [12-13] Joust Fest Texas, (281) 356-7588. ioustfesttexas.com

Bedias Homecoming and Alligator Festival. (936) 395-1756, facebook.com/bediasalligators

Johnson City Vino el Pastor, (830) 868-2321, johnsoncity-texas.com

La Grange Flag Day Ceremony, (979) 968-3017, visitlagrangetx.com

Nacogdoches Texas Blueberry Festival. (936) 560-5533, texasblueberryfestival.com

Willow City Historic School Open House, (830) 685-3385, HistoricSchools.org



Nacogdoches Texas Bluberry Festival

Granbury [13, 27] Big City Music Revue: A Country Showcase, (855) 823-5550, bigcitymusicrevue.com

18

Texarkana TRAHC presents Million Dollar Quartet. (903) 792-4992. trahc.org

Comanche [18-20] Comanche Rodeo and Parade, (325) 356-3233, comanchechamber.org

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Port Arthur Juneteenth, (409) 985-7822, visitportarthurtx.com

Glen Rose [19-21] Taste of the Camino, (254) 898-4296, HighHopeRanch.com

20

Huntsville Family Genealogy Fair, (713) 562-6704, wcgen.com

Lewisville Best Little Brewfest in Texas, (972) 632-9723, bestlittlebrewfestintexas.com

21

Palestine Father's Day BBQ Train, (903) 683-3451, texasstaterr.com

22

Kerrville Salvation Army Boys & Girls Club Golf Tournament, (830) 315-5762, kerrvillekroc.org

26

DeLeon [26-28] Quilt Show, (254) 842-8108, thirdwednesdayquilters.com

27

Farmersville Audie Murphy Day, (972) 784-6846, farmersvilletx.com

Millican Heritage Society Tea, (936) 825-7207

Newton Texas Purple Hull Pea Festival, (409) 397-9029, shankleville.org



28

Seguin Patriotic Concert in the Park, (830) 401-2448, visitseguin.com

July

3

Lubbock July 3rd Firework Extravaganza, (806) 747-3353, buffalospringslake.net

4

Kenney Ag Society 4th of July Celebration, (979) 877-4617

Port O'Connor Fireworks Display, (361) 983-2898, portoconnorchamber.com

Valley Mills 4th of July Celebration, (254) 932-5220

Submit Your Event!

We pick events for the magazine directly from TexasCoopPower.com. Submit your event for August by June 10, and it just might be featured in this calendar!

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Chandor: The Secret Garden

Artistry comes alive in a painter's out-of-the-way creation in Weatherford

BY HELEN THOMPSON

IF YOU FIND YOURSELF DRIVING ON INTERstate 20 near Weatherford and are suddenly desperate to locate some Chinese gardens, it will be your lucky day. Tucked away in a neighborhood of historic houses, a genteel mile from the courthouse square, Chandor Gardens is an under-the-radar gem you might expect to visit in another time and another place. But not here, and not now.

The fact that this 5-acre estate even exists is the result of an effervescent collision of chance and fate-mobilized by the derring-do of its artistically minded founders, the celebrated English portrait painter Douglas Chandor and his wife, Ina Kuteman Chandor, a Weatherford native.

Douglas Chandor developed the former cow pasture between 1935 and 1952. "It's laid out with the eye of an artist," says Chandor's head horticulturist, Steven Chamblee. With three formal gardens close to the house and five interconnected Chinese gardens nudged into the surrounding hillside, this deeply personal landscape fits neatly within the tradition of artists' gardens. An enthusiast might say it holds its own even when compared to the international archetype: the gardens at Giverny, impressionist painter Claude Monet's domain 50 miles north of Paris.

But the now-flourishing grounds haven't always been charming. Douglas died in 1953 and Ina in 1978. Gradually everything fell into disrepair, as it appeared to a teenage Chamblee when he visited in 1987. Chamblee had to crack open the Chinese gate that spanned the once-grand allée, at that point a tunnel of vines and brambles. He describes his first impression: "It was eerie and quiet, except for the dead leaves that crunched under my feet." Beyond that: A dank pit, a dust-covered motorcycle, a pile of dirty clothes and a creepylooking house. When a dog started barking, Chamblee high-tailed it out, not to return for another 14 years.



In 1994 Melody and Chuck Bradford purchased Chandor and spent three years restoring it before selling to the city of Weatherford. The estate opened to the public in 2002 and is now lovingly overseen by longtime devotée Chamblee.

Today, things are much improved. Entry is via a drive up to the back of the house next to the Silver Garden. It's framed by a semicircular pergola, atop which clouds of Lady Banks roses bloom in late spring. On the other side of the residence, a boxwood garden and an English bowling green await, built in the '40s for playing bocce and croquet. Don't expect the formalism to continue any farther, though. Chandor's passion for Chinoiserie unfurls just beyond the wooden bridge arching over a stream that glints with koi.

Meandering paths lead down the hillside to the Great Pond, where a stone Chinese junk is moored. Nearby is Mount Cox, punctuated by a 20-foot waterfall that Chandor painted with lichen and moss patterns to give the impression that water always had flowed there. Soothing sounds of falling water are a constant, thanks to strategically placed fountains.

The three-tiered copper fountain offers a place to consider sweeping views of the gardens. A bronze chi lin fountain spraying merrily in an oval-shaped pond is a replica comprising two statues of chi lin, heavenly creatures with the body of a horse and the head of a dragon. Chandor embellished them with Coca-Cola and 7Up bottles, colored marbles and his own handmade ceramic tiles-the original is on view in the house, protected from the elements.

The high and mighty sought out Douglas Chandor as an artist-his 1952 full-length painting of Queen Elizabeth hangs in Buckingham Palace. Chandor's likenesses of Winston Churchill and President Franklin Roosevelt reside in Washington's National Portrait Gallery.

But the painter's greatest work of art may be his gardens. In an unlikely setting, they are an oeuvre that expresses the full bloom of their creator's imagination. And the experts agree: In October 2014, both the house and the gardens attained the honor of a listing in the National Register of Historic Places.

Read more of author Helen Thompson's work at seeninhouse.com.



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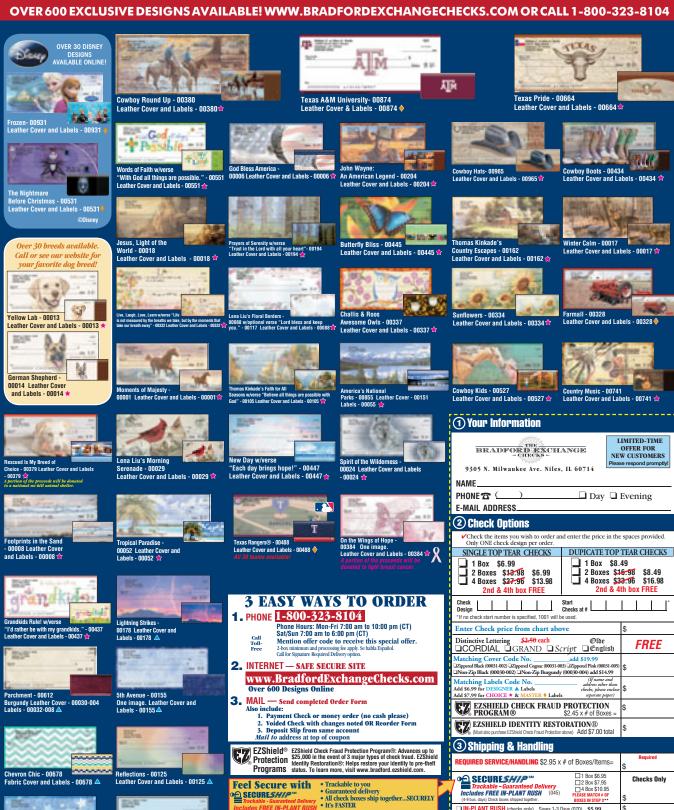
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