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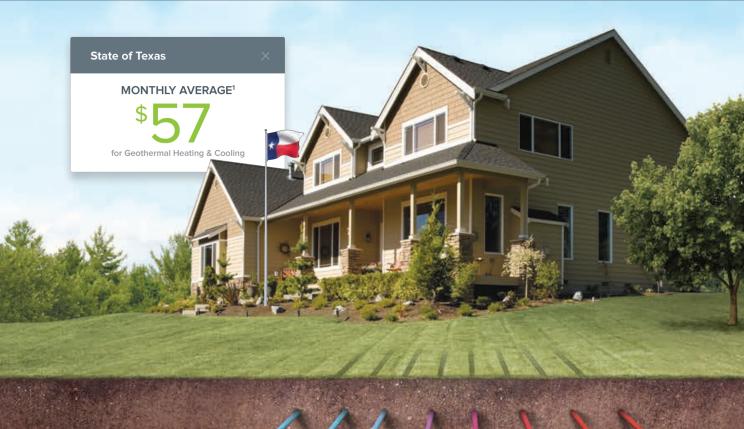
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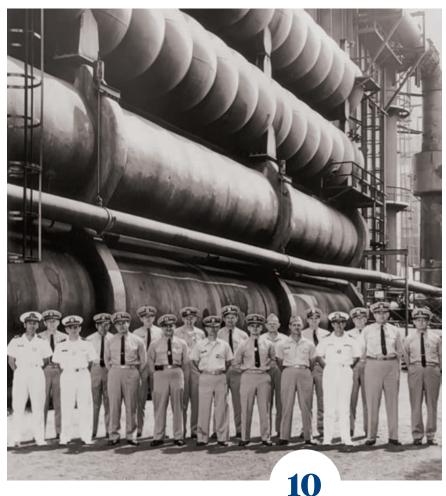
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Texas Coop Power

June 2025



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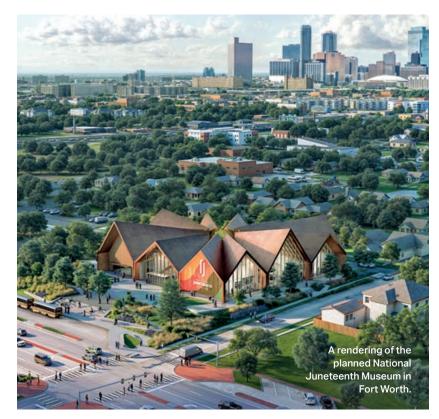
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ON THE COVER Johnny takes a break from chomping through a neighborhood outside Austin. *Photo by Eric W. Pohl* ABOVE Servicemen assigned to the Ordnance Aerophysics Laboratory at Lone Star Steel some 70 years ago. *Courtesy Ladies of Lone Star*

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Juneteenth Has a Home

MORE THAN THREE years after plans were announced to build a National Juneteenth Museum, Fort Worth officials have made way for the planned 50,000-square-foot museum, food hall, business incubator and theater.

The \$70 million museum of Black history will be built on a plot on the city's Historic Southside, with the city kicking in \$15 million. Opal Lee, the "Grandmother of Juneteenth," gave City Council members two thumbs up.

"Wow, I tell you, I could have hugged everyone, but they've got work to do," Lee told the Fort Worth Report.



健 Contests and More

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FINISH THIS SENTENCE It's summer, and I'm ready for ...

Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our April prompt: **The best view in**

Texas is ...

A "Welcome to Texas" sign alongside any highway. MIKE WEBER UNITED COOPERATIVE SERVICES GRANBURY

GRANBURY

From my front porch every time my husband blows me a kiss as he passes on his tractor.

SUZY DOSS PENTEX ENERGY VALLEY VIEW

The Sabine River bridge in my rearview mirror and the afternoon sun shining in my face. I'm home!

BANDERA EC MICO

Getting home and seeing my wife and grandkids outside enjoying the spring weather. RANDY HARDEE WISE EC BRIDGEPORT

Visit our website to see more responses.



Eyes and Hearts

me or bite me.

are incredible!

Denise Sims

from them.

Redwater

Bowie-Cass EC

Inspiring Flyers, Part II

Honestly, I'm not a bug person [Ode to a

Mighty Hunter, April 2025]. But I do love

I never realized there were so many

different species of them. These photos

The close-up of the eyes is kind of

scary. But my favorite part was Love on

the Wing. They make a perfect heart.

I applied twice for acceptance to the

WASPs. I counted the days to hear

dragonflies because they don't stick to

APRIL 2025 Ode to a Mighty Hunter "My daughter, Stella, and I are always excited to read through your publication and make collages. This story was especially inspiring for my future entomologist [left]."

MINDY WALKER JASPER-NEWTON EC KIRBYVILLE

serve in another form of communications, which continued the rest of my working life.

I will be 99 this year. Thanks for the memories.

Wanda Tackett United Cooperative Services Desdemona

Lake of Bluebonnets

Nanny's Blessing [March 2025] touched my heart. In the 1950s my grandparents turned two acres of their Walker County property into a Texas wildflower field, predominately with Lupinus subcarnosus, the sandyland bluebonnet.

For almost 50 years, those bluebonnets made their property look like a lake, and people often stopped to take photos. To this day the sandyland bluebonnet, with its gentle shade of blue, is my favorite, although, sadly, they seem to be migrating into obscurity.

San Jacinto County



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At 17 my dream was to fly [The WASPs Who Flew Out of Sweetwater, April 2025].

Jan Lawrence Sam Houston EC

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Please include your electric co-op and town. Letters may

be edited for clarity and length.

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It wasn't to be. To my disappointment they were deactivated. This led me to



GORGING BY PAM LEBLANC

For those hard-to-remove, unwanted plants, goats may be the greatest of all time

Ranch neighborhood west of Austin, dozens of goats are buzz sawing their way through a thicket of brambles.

The ruminants work through the brush like furry, fourlegged locusts, pausing now and then to share a goofy grin accented with slobbery bits of greenery. Their jaws work nearly nonstop, chewing plants along a trail that winds between houses.

The goats are here to work, hired hands in an army deployed to reduce the risk of wildfire. A blaze in Steiner Ranch during the hot, dry summer of 2011 destroyed 23 homes, and officials are eager to prevent another disaster.

That's why a homeowners association there teamed with Lake Travis Fire Rescue to hire 100 goats from Rent-A-Ruminant as part of an experimental fire mitigation program. The animals spent a week clearing out brush on 7 hard-to-access acres. After they make a first pass, human volunteers finish the job, cutting down and removing downed trees and other fire fuel.

Goats, proponents say, are cheaper, greener and safer than humans with lawn mowers or herbicides that could work their way into waterways. And they're cute.

"They go where man, machine and chemicals can't go," says Carolyn Carr, co-owner of Rent-A-Ruminant.

Goatscaping, as it's sometimes called, is just one form of modern-day goat employment. Besides putting the animals to work clearing poison ivy from urban hiking trails or tidying up grass growing around solar panels, goats can inject a bit of fun into social activities such as yoga, wine tastings and parties.

LEFT Goats groom the terrain of Steiner Ranch outside Austin.

ABOVE Rent-A-Ruminant owners Kyle and Carolyn Carr manage a herd of about 600 goats that can landscape in hard-to-reach areas.



Bleating and Eating

Carolyn and her husband, Kyle Carr, own a herd of about 600 goats in Brownwood. They hire their animals out to private landowners, municipalities and businesses. Goats, they say, are an eco-friendly solution to maintaining landscaping projects large and small.

The Carrs' herd is made up of nine breeds of goat. Almost all the animals have names, which are noted on brightly colored tags attached to their floppy ears.

"Goats are great," Carolyn says as they stream out of a trailer and into a cordoned-off area of land at Steiner Ranch. Curious residents have gathered to watch the proceedings.

The Carrs started their business after inheriting an overgrown piece of property in Brownwood, about 80 miles southeast of Abilene. Carolyn joked at the time that they needed a herd of "green grazers" to tidy things up.

It turned out to be a smart suggestion. Kyle's father had been a Xerox salesman, with plenty of connections at municipalities around the state. They quickly learned that many of those cities needed help controlling brushy overgrowth.

Goats can clamber up and down steep slopes and reach awkward spaces that heavy machinery can't access. They also clip vegetation growing along sensitive waterways where herbicides shouldn't be used. Best of all? They love plants that make humans itch or stab them with thorns or assault airways, including green briar, poison ivy, ragweed and blackberries. The Carrs travel the state with their herd, which has trimmed up Hermann Park in Houston, munched invasive species while all but ignoring the lush lawn at the Houston Arboretum, and cut back poison ivy along the Ann and Roy Butler Hike-and-Bike Trail around Lady Bird Lake in downtown Austin.

But not just any goat can make the Rent-A-Ruminant team. Only quiet goats that don't pester people for food can become part of the traveling work crew, Carolyn says.

Sometimes, onlookers set up chairs to watch the goats in action. That's fine with the Carrs, as long as the humans don't distract the animals by feeding or petting them.

"They have a job to do, and this is not a petting zoo," Carolyn says.

Sheep, she says, can do similar work, such as "mowing grass" that grows around rows of sun-collecting panels at solar farms. Both species have their niche—sheep prefer grass over leaves, making them good at keeping lawns and weeds in check. Goats prefer leaves, so they're better at tidying up unruly brush.

In Steiner Ranch, the experiment seems to be working. The HOA and fire department split the \$9,000 tab to hire the goats, and even after a few hours, the difference is obvious.

"We have a lot of area and so much poison ivy," says Debbie Tanner-Jacobs, president of the Steiner Ranch Residential Owners Association.

As a bonus, the goats leave behind a little fertilizer, in the form of their droppings. Goats, Carolyn Carr notes, sterilize seeds that pass through their bodies, so they can't repropagate those pesky plants.











CLOCKWISE FROM LEFT Krystal Evans of Kyle and a new friend that is not at all sheepish at a Goat Shenanigans event at the Hive coffee shop in Austin. Shirley Marek cuddles a goat at Blue Lotus Winery in Seguin. Kids get to know each other at the Hive. Katie Knox with a baby goat at Blue Lotus.

Kidding Around

San Antonio-based Goat Shenanigans puts goats to work in a different way.

On a crisp afternoon in January, 10 goat enthusiasts convene at Blue Lotus Winery in Seguin, where they sip wine and cuddle a pair of Nigerian dwarf goats, each just three or four weeks old.

Besides happy hours with goats, the company organizes yoga classes, toddler gatherings, movie nights and beer tastings, all in the company of adorable baby goats.

They'll even deliver a "goat gram"—a livelier version of the traditional candy gram—to your home to celebrate a special occasion. A single-goat visit lasts 20–30 minutes, but you can add additional ruminants to the order.

Goat Shenanigans also offers ranch visits. Visitors can pay for a 10-, 30- or 60-minute session on the goats' home turf, on the northwest side of San Antonio.

"Whenever a goat is involved, it's going to be a good time," says Laura Romer, manager of Goat Shenanigans. "The best thing about them is they have different personalities. A cow is a cow, but a goat has its own unique personality. They're very loving, very playful and emotionally intelligent. They bring out so much joy in people."

The goats seem to enjoy their work. Aside from a chorus of high-pitched bleats that sound like out-of-tune harmonicas,

they zoom around an outdoor patio at the winery and accept an overflow of snuggles from their admirers.

"They're not afraid of people," Romer says. "They're motivated by food and love to be cuddled."

Allyson Marek of San Marcos learned about Goat Shenanigans through social media and bought tickets for the wine tasting with goats for herself and her parents for Christmas.

"They're just so cute and mischievous and silly," Marek says as she holds one, a bright-eyed armful of soft hair named Thor with a tongue that sticks out with each bleat. "Oh my gosh, amazing. They're so soft, so chill, so very awesome."

One day, when she has enough land, Marek says, she hopes to own her own herd. She dreams of raising goats for their milk and to make cheese and soap.

Another afternoon, a dozen children and their parents (along with a few adults who can't resist) gather at the Hive coffee shop in South Austin to mingle on an outdoor patio with four animated, beagle-sized baby goats.

"I like how they're kind of like dogs but cuter," says Evelyn Jackson, who has come to the event with her mother, a sister and a friend.

All around Jackson, kids—the human kind—offer the hardworking goats kibble and pet their soft bodies. Two of the goats wander into the coffee shop's garden, where they sample herbs growing in a raised bed. Another hops onto a picnic table and stares down a woman sitting there.

"How can you be upset with a baby goat in your arms?" asks goat wrangler Sarah O'Brien, who is doing her best to keep her charges in line.

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Watch the video on our website and get to know these hardworking and lovable animals.



Steel to the Stars

While a consequential steel mill rusts, locals ensure memories shine on

The Lone Star State is known around the world. The town of Lone Star, however, isn't well known—even among Texans.

But it should be. So says a group of 13 volunteers working to bring light to the East Texas town of 1,400 people about an hour southwest of Texarkana. They want to share the rich history of its steel plant, metal from which spanned the skies over Vietnam and the subsurface of the oil industry and deeply impacted the U.S. economy, environment and space exploration.

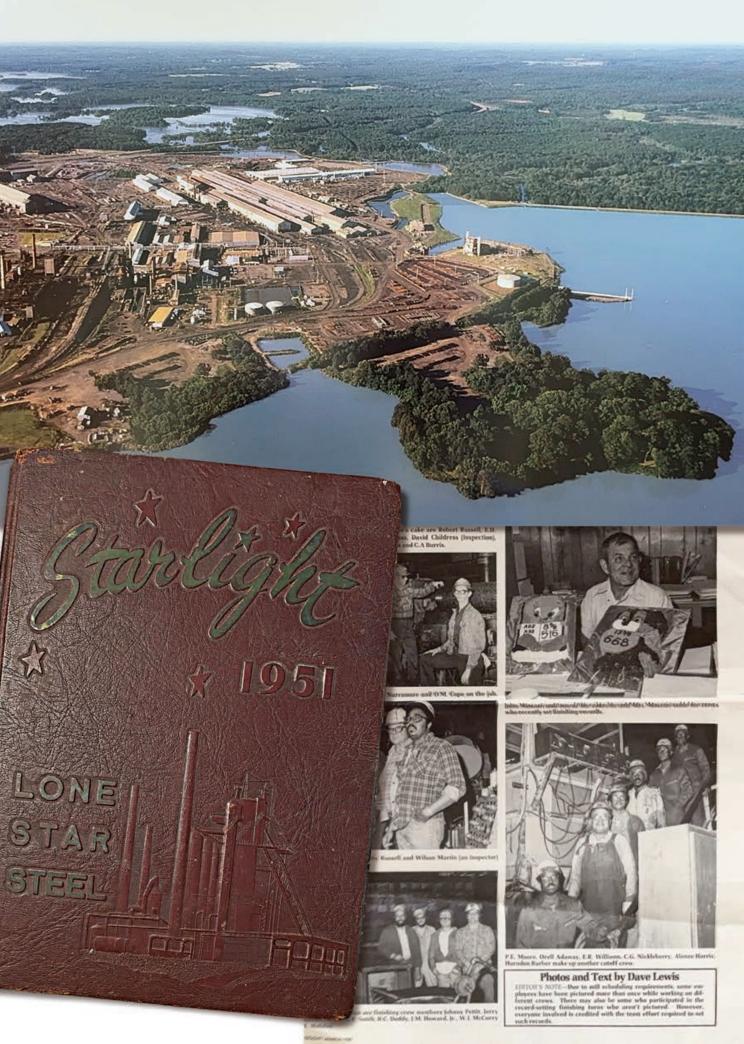
They call themselves the Ladies of Lone Star, and their goal is plain.

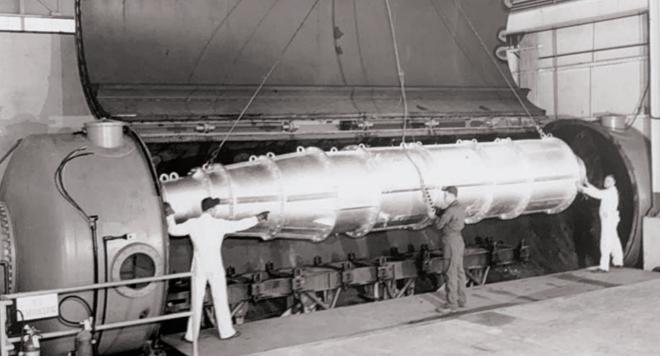
"We want to gather memories and record as much of the history of Lone Star Steel as possible for future generations," Lesley Dalme says. It all began with an idea about décor.

Randy Hodges, former Lone Star mayor who was technical services manager when his 45-year career at the plant ended with its closing in 2020, proposed adorning the walls of the Lone Star Senior Citizens Center with pictures of the plant. The framed photos caught the attention of locals, and the project was born.

> The Ladies of Lone Star collect photos, documents and memorabilia to preserve and showcase the town's shuttered steel mill.

SUPER







I Sat down with three members of the Ladies of Lone Star as well as Hodges and John Shivers, a former plant manager and vice president. For nearly two hours in the chapel on the grounds of the shuttered plant, I listened and learned about the steel industry, the plant's history and the impact it had on people, places and events far and wide.

The plant was built with federal funding during World War II in the small town of Lone Star, selected because of its strategic location. Nearby are ore, limestone and coal—the three essentials for steel production—and the Port of Houston is driving distance.

While the 600-acre plant came about because of the war, steel didn't start rolling out until the mid-1940s, after the war's end. In the early 1950s, the oil industry began booming and with it the market for pipe.

"An idea came about to buy surplus war project product

CLOCKWISE FROM LEFT Several volunteers from the Ladies of Lone Star in the mill's chapel, the site of hundreds of plant employees' weddings over the years. A wind tunnel that could simulate the vacuum of space using blast blowers. Randy Hodges, the former mayor of Lone Star who worked at the plant for 45 years, with his father's hard hat. From left, former mill worker Bruce Shimpock and Lesley Dalme and Lanita Goodrum of Ladies of Lone Star look over artifacts.

to manufacture oil pipe," Shivers says. "It took two years to adjust production and install necessary mills at a cost of \$76 million. The oil industry fluctuated, going from boom to bust. Likewise, LSS profited hugely and suffered severely."

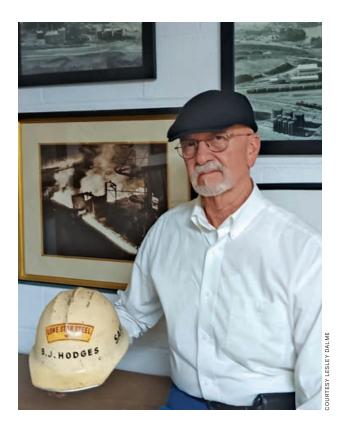
LSS also played a role in the Vietnam War.

"We would make large-diameter tubes to be used as bomb casings, which would be cut to bomb length, shipped by rail or truck to an ammunition plant in Karnack, filled with ammo, a fin was attached, then they would be transported to the Port of Houston," Shivers says.

The steel mill had a wind tunnel that could simulate the vacuum of space using blast blowers. Known as the Ordnance Aerophysics Laboratory, the highly secure site operated from 1945 to 1968 and employed hundreds of scientists, technicians and engineers. Department of Defense contractors conducted thousands of tests for supersonic jet engines, guided missiles and spacecraft components for the military and NASA.

"The facility was well-known around the community, but because of security, it was not known around the country," Hodges says. "They researched and designed rocket engines here, including components used for the Saturn rocket. They would bring equipment in on a bread truck, and once inside the plant, securely situated behind closed metal doors, the bread truck doors would open, and parts would be unloaded."

Members of the project liked the area so much, amid the verdant Pineywoods and alongside the 1,500-acre reservoir



built for the steel plant, many of them stayed and went to work for LSS.

They brought with them a wealth of knowledge and talent that led to industry innovations. For example, a device that scrubbed smokestack emissions was developed at LSS, Shivers says.

"It cleaned better than anything on the market," he says. "We sold it to other cities—Houston, Shreveport—a nuclear facility in Georgia, and other customers in the U.S. and abroad."

However, economic downturns in the 1980s plagued the steel industry. In 1989, Lone Star Steel filed for bankruptcy.

"Our labor contract expired, and we worked two years without one," Shivers says. "We just kept going, no contract and no complaints. It took a couple of years, but we came out of bankruptcy and paid off 85% of the debt, and a few years later were profitable again."

In 2007, U.S. Steel purchased the plant for more than \$2 billion. Nine years later the mill was idled and then completely shuttered in 2020. At the height of production, the company reportedly employed more than 6,000. Now, other than security personnel, the facility is vacant. Equipment sits silent while rust and dust mount.

The Ladies of Lone Star are dedicated to preserving documents dating to the early 1940s and photographs showcasing the plant's long and vibrant history. They also have begun meeting with former employees, recording and then transcribing their stories to be compiled into a book chronicling the mill's story.

"The plant is being dismantled, and eventually it will be no more," says Lanita Goodrum, one of the volunteers. "And it's even more important that people know what made Lone Star, what those men did in that plant and the impact it had on our nation." "We want to gather memories and record as much of the history of Lone Star Steel as possible for future generations."



When our time together winds down, Hodges, who started at the steel plant in 1974, offers a trip to the senior center an invite I eagerly accept. As we walk by each photo on the walls, he enthusiastically explains the images.

"I worked with World War II vets, young men with families—our plant was filled with people like that, hardworking parents who had to make a living regardless of the long hours, the hard and dangerous work," he says. "In a world that was so divided, we were working for a common cause."

On top of a piano is something that goes beyond mere nostalgia—Hodges' father's hard hat from his long career at the plant. "His first paycheck in 1953 is what paid for my mother to go and me to be born at a hospital," Hodges says. "It was more than a job and career. We were family."

And it was a family that survived, thrived, accomplished a lot and had an enormous impact. They are proud of LSS, still—its impact of 80 years, from Earth to the heavens, the industries it changed from oil to aerospace, and the lives it touched.

As Shivers says, "Our footprint ranges far beyond this steel plant." \hlowline



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ELECTRIC NOTES



Fallacies and Facts About Home Energy Consumption

Fallacy: Using a bigger air conditioner will cool my house better.

Fact: A smaller air conditioner that runs for a slightly longer period is more efficient than a larger unit that cools the house with short run times. Having an AC professional determine the right-sized system for your home is the optimal solution.

Fallacy: Using an old refrigerator or freezer as a spare is reasonable.

Fact: Old fridges and freezers are usually significantly less efficient than newer models, and keeping the appliance going can cost extra money for minimal benefit. Consider getting rid of the old fridge and using an ice chest instead when you occasionally need additional cold storage.

Fallacy: The way I use my kitchen stove does not affect energy use.

Fact: Cooks can reduce energy use by about half when using the kitchen stove by setting low-heat temperatures, covering pots and pans, or using copper-bottomed pans, which are the best conductors of heat. On an electric stove, turning off the burners to let residual heat finish cooking—and using pans the same size as the burner—can save energy. And preparing food in pressure cookers, microwaves or air fryers uses much less energy than stoves.

Fallacy: Ductwork should be sealed with duct tape.

Fact: Despite the name, duct tape is not the best tool for the job. Poor surface preparation and dusty environments often cause

the tape to fall off. The tape also is not as durable as the preferred sealants—mastic or metal tape.

Fallacy: Ceiling fans only save energy during warm weather.

Fact: Circulating air with ceiling fans saves money in all seasons—when on the right setting. In summer, change the rotation of the blades to counterclockwise to direct air down, making the room feel up to 4 degrees cooler. In winter, direct air upward with the blades rotating clockwise.

Fallacy: Heat always rises.

Fact: Warm air rises, but heat can travel in many directions, depending on what forces are acting on it.

Fallacy: Setting the thermostat to a cooler temperature than ultimately needed will make the air conditioner cool faster.

Fact: An air conditioner runs at the same rate until it reaches the thermostat setting. If you set it to a colder temperature, you might forget to put it back to normal and use more energy than necessary.

Fallacy: Washing clothes in hot water is necessary to clean them.

Fact: While warm water might be necessary to remove oil, dirt or infectious germs, doing laundry with cold water is sufficient for most washes. Heating water consumes the majority of the energy used to do laundry. ■

Splash Into Summer Safely

IN THE POOL, at the beach or even in your bathroom, water can be dangerous for children if you don't take the right precautions. Drowning can happen any time of year, but parents need to be particularly vigilant during warmer months, when the number of drownings skyrockets.

Children can drown silently and in a matter of seconds. **Here are some tips to help prevent such a tragedy.**

Actively supervise your children around water (including pools, hot tubs, lakes and the bathtub). Always have a phone nearby to call for help in an emergency.

Never leave a child alone in or near a body of water—even if the water is less than a few inches deep.

For pool owners, make sure your pool is fully enclosed by fencing and has a self-closing, self-latching gate.

Hot tubs should be covered and locked when not in use.

Enroll your child in swim lessons. If you don't know how to swim, enroll in a parent-child swim class.

When at the lake or other deep water—or if your child is not a strong swimmer—have them wear a properly sized life jacket.

Learn CPR. In the event of a near-drowning, the victim will need immediate medical attention—before paramedics arrive. Performing CPR early can prevent brain damage and be the difference between life and death.





White Walls Reduce Need for Lights

IF YOU WANT to save energy in the kitchen, or any other room in your house, paint the walls white.

For example, a kitchen with white walls, cabinets, countertops and floors requires only half the lighting of a darker kitchen because light surfaces reflect light, while dark ones absorb it.

Here are two other ways to save energy on lighting your kitchen.

Choose highly polished countertops. They act like mirrors to reflect light. A shiny granite countertop, for example, will bounce under-cabinet lighting back up, making a little bit of light more potent.

Let the sun shine through kitchen windows by opening curtains during the day, by decorating with valances or café curtains instead of drapes that cover the whole window, or by removing the window treatments altogether if privacy isn't an issue. The more daylight you let into the room, the less often you'll need to flip on the lights.



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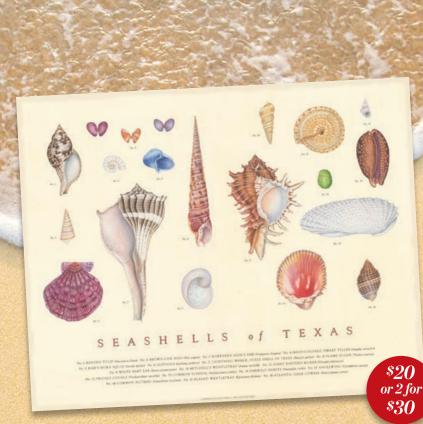
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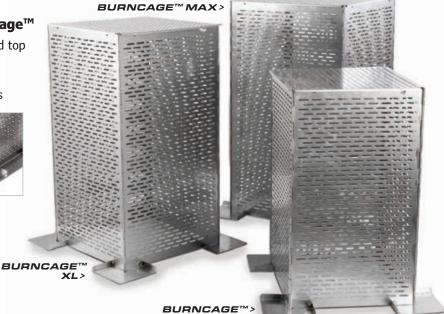
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Texas Chilly

BY RANDY MALLORY

FROZEN WATER—SO SIMPLE, yet so taken for granted. It conquers a sizzling day like water extinguishes fire, and wherever there's electricity, there's ice—in just about every home, restaurant and grocery store.

The sweltering truth is that for most of Texas' history, there was precious little ice to tame the dog days of summer. In fact, until the mid-1800s, the only ice in Texas—except during winter—came from cold-climate northern states. It was cut from frozen lakes and rivers up north, then shipped to ports like Galveston.

The ice trade helped preserve food and drink for a growing coastal population. Inland families were left to rely on the time-tested preservation methods of drying, smoking, salt-curing and pickling the foods they raised.

During the Civil War, Union blockades of Confederate ports cut off the northern ice supplies. So in the early 1860s, desperate Texans smuggled in—via Mexico—an ice machine designed by French inventor Ferdinand Carré that used ammonia to absorb heat and freeze water. Around 1865, Daniel Holden redesigned and installed a more commercially promising Carré machine in San Antonio. Icehouse workers at the loading dock in Silsbee.

The artificial ice cost 5 cents a pound, half the high rate of New England ice at the dock. But with beefsteaks selling for 2 cents a pound, artificial ice remained, according to a local newspaper, "one of the greatest luxuries of civilization."

Shortly after the Civil War, ice in the Alamo City was so important that the city sported three of the nation's eight ice plants. Texas' passion for human-made ice led to many firsts in the artificial ice industry.

The first refrigerated slaughterhouse opened in 1871 in Fulton. The first commercial ammonia-compression plant was built in 1873 in Jefferson. That same year brought the first cross-country refrigerated meat shipment, by rail from Denison to New York.

During the late 1800s, as railroads cobwebbed across Texas, railcars began transporting perishables refrigerated by ice blocks enclosed in insulated corner bunkers. The melting ice had to be replenished, so ice plants and storage houses popped up all along the rail lines.

Assured of cold shipment to far-off buyers, Texas' beef, fruit and vegetable industries expanded like never before.

Today, one of the few remaining southeast Texas icehouses sits beside the railroad tracks in Silsbee, north of Beaumont.

The original icehouse, incorporated in 1909, burned, but in 1915, it reorganized as Silsbee Ice, Light and Power Co. Gulf States Utilities Co. took it over in 1926 and constructed the current building. The Spanish Revival-style structure with a red-tile roof was described as "beyond a doubt the most modern structure in Silsbee."

Now the distinctive facility is home to the Ice House Museum and Cultural Center, which tells the story of ice and illuminates other little-known topics of regional history.

It looks much as it did a century ago. Near the entrance sits the original well, well house and water lines that carried water to the icehouse. Other original lines lead toward the adjacent railroad sidetrack, where locomotives took on water for their steam engines, according to Susan Shine Kilcrease, museum director.

The building boasts the original loading docks where a dozen or so employees catered to local customers and loaded ice blocks into insulated railcars for shipment.

"It was a very busy place—a community gathering place, really," says Kilcrease, a Silsbee native with deep local roots. "When I was a kid, I remember coming to the dock and ringing the service bell. I was fascinated when a huge block of ice would slide out of the chute, and we'd load it onto our truck."

In addition to selling ice and chilled bottled beverages, the icehouse also had hooks inside where locals could temporarily hang a side of beef or a deer. Seasonally the icehouse kept watermelons cold for sale, a rare treat before home refrigeration.

Inside today's museum, information panels detail the artificial ice production process.

Well water was filtered and pumped into galvanized cans that could each hold 312 pounds of ice and required cranes and hoists to move. It took 36 hours to freeze the facility's 336 cans. The process produced an average of 30 tons of ice a day.

To meet growing home demand for cold goods, icehouses began delivering ice blocks door-to-door to subscribers. Made of wood, lined with tin or zinc, and insulated with materials such as cork or sawdust, iceboxes contained one compartment for ice and another for food. A drip pan collected water and had to be dumped periodically.

Messy as it was, this appliance transformed ice from a luxury to a necessity. Its legacy lives on every time a Texan says "icebox" instead of refrigerator. In front windows, customers placed a square cardboard sign with numbers— 10, 20, 30 or 40—informing the delivery crew how many pounds of ice to bring inside.

The iceman's job could prove a slippery challenge, explained Darrell Shine, Kilcrease's father, in a 2000 interview. As a boy, Shine delivered ice seven days a week each summer with his grandfather Jim Shine, who drove Silsbee Ice Co.'s delivery wagon.

Shine remembered that at 10 or 12 years old it was hard to carry a 50-pound block and work around the ice hook to get it into the icebox. "Sometimes you'd accidentally knock stuff out," he said. "Many a time I've cleaned up milk spilled on the kitchen floor."

Rural electrification and the widespread use of electric refrigerators eventually reduced the need for block ice. In response to the changing marketplace, ice manufacturers zeroed in on cubed and crushed ice.

Indeed, record-setting Texas heat still seems to fire up our collective gratitude for one of life's most common luxuries—clear, cold ice!

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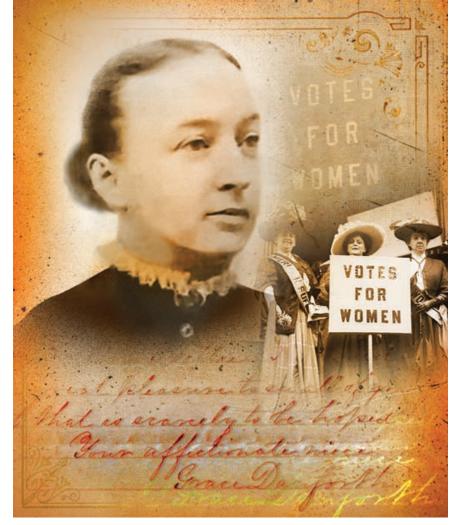
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Amazing Grace Danforth

The trailblazing doctor was a champion of women's rights

BY CLAY COPPEDGE • ILLUSTRATION BY STEPHANIE DALTON COWAN

THE DALLAS *Daily Times-Herald* tried to compliment Dr. Grace Danforth by saying she was "a woman with a man's mind," but the pioneering physician had a mind all her own.

Danforth was the first woman accepted as a member of the Dallas County Medical Association, the first woman to practice medicine in Williamson County and a founding member of the Texas Equal Rights Association.

Danforth was also a member of the Woman's Christian Temperance Union, which made her death from a drug overdose all the more puzzling.

Born in Wisconsin in 1849, she lived

most of her life in Texas, moving with her family to northeast Texas as a young child.

For a while it appeared she would follow in her father's footsteps as a traveling music teacher, but she found the classroom too confining. She considered bookkeeping and pharmacy before deciding on medicine, studying at the Woman's Medical College of Chicago, where she first became involved in the campaign for women's voting rights.

She returned to Texas as a licensed physician and dedicated suffragist.

By 1889, she was practicing medicine in the small town of Granger, north of Austin, at a time when there were only

FOOTNOTES IN TEXAS HISTORY

a few thousand female doctors in the U.S. She organized local suffrage groups and promoted their activities. She advocated for inviting visionary suffragist Susan B. Anthony to Texas.

We know now that Danforth suffered from cluster headaches, which are uncommon, unpredictable and debilitating. And even though Danforth may have prescribed laudanum, a tincture of opium dissolved in alcohol, to treat pain and other ailments in her patients, she didn't take it herself.

It's possible she only took it once, on the night of her 46th birthday, February 21, 1895, when she died of an overdose. Stories about her death vary. Some say she overdosed on the drug antipyrine; others say laudanum.

Armies and expeditions of the day didn't leave home without laudanum. Lewis and Clark took the drug, along with some raw opium, on their voyage of discovery. Doctors in the 19th century prescribed laudanum for nearly everything: colds, meningitis and even heart diseases.

Laudanum, it seems, never failed to make patients feel better. Unless it killed them.

Wayne Bethard, a pharmacist and historian in Texas, wrote in his book *Lotions, Potions, and Deadly Elixirs* that laudanum, like today's opiates, lowers a patient's pain threshold. Over time it takes more medicine to treat the same pain, but someone who doesn't take narcotic pain medication has no tolerance to the drug. A dose large enough to calm a cluster headache could be fatal.

"Dr. Danforth was one of the most remarkable women in Texas," the *Daily Times-Herald* wrote the day after her death. She was buried in the Granger City Cemetery.

"There was a great prejudice existing against her sex entering the learned professions, and it is not likely she got much practice," the newspaper wrote. "But she was a woman of a vigorous and active mind, and she soon took a leading part in all reforms." ●

Summer Pastas

We say summer, but you'll be turning to these dishes all year

BY VIANNEY RODRIGUEZ, FOOD EDITOR

A pan of homemade lasagna bubbling away in the oven is so dreamy, but this food editor is busy, so I'm busting out a skillet to re-create the dream in under 30 minutes on the stovetop. I finish by quickly broiling the cheese—an optional step but so worth it.

Turkey Skillet Lasagna

- 2 tablespoons olive oil 1 pound ground turkey 1/2 medium onion, diced 2 cloves garlic, minced 1 jar marinara sauce (24 ounces) 1¹/₂ cups chicken broth 1 cup sliced fresh mushrooms 10 uncooked lasagna noodles, broken into 2-inch pieces 1 cup ricotta cheese 1/4 cup grated Parmesan cheese 1 teaspoon Italian seasoning 1 teaspoon salt
- 1 cup shredded mozzarella cheese

1. Heat olive oil in a 12-inch oven-safe skillet over medium-high heat. Add ground turkey and onion. Break up turkey with spoon and cook until turkey is fully cooked, about 8 minutes. Stir in garlic and cook an additional 2 minutes.

2. Add marinara sauce and broth. Bring to a boil.

3. Add mushrooms and lasagna noodles and stir to separate noodles. Return to a boil, then reduce heat, cover and cook 10-12 minutes or until noodles are tender, stirring occasionally. If using broiler, preheat it while the noodles cook.

4. In a bowl, stir together ricotta, Parmesan, Italian seasoning and salt.

5. Dollop cheese mixture by the spoonful on top of pasta. Cover and cook 5 minutes, until cheese is warmed through. Uncover skillet and top with mozzarella. If desired, broil 3 minutes or until cheese is melted and lightly browned. Serve warm.

SERVES 6

TCP Follow Vianney Rodriguez as she cooks in Cocina Gris at sweetlifebake.com, where she features a recipe for Queso Mac and Cheese.



Summer Corn Pasta Salad NANCY GRIFFITH BANDERA EC

Griffith's dish is a tasty combination of fresh veggies and pantry staples, making it a new addition to my list of rotating meal plans. As the pasta cooks, I can quickly chop up the veggies, and the dressing is a snap to whisk together. I served it with baked chicken, but it would also be amazing with fried chicken or baked salmon.

16 ounces uncooked rotini 1/2 cup red wine vinegar 1/2 teaspoon dried oregano 1/2 teaspoon ground cumin 1/2 teaspoon salt 1/2 teaspoon ground black pepper 1/2 cup avocado oil 1 can black beans (15 ounces), rinsed and drained 1¹/₂ cups corn kernels 2 tomatoes, diced 1 red bell pepper, diced 1/2 cup sliced black olives 1/4 cup chopped fresh cilantro 1/2 cup diced green onions 1/4 cup diced red onion

1. Cook rotini according to package directions.

2. In a large bowl, whisk together vinegar, oregano, cumin, salt and pepper. Whisk in avocado oil.

3. Add rotini to the dressing and stir to coat. Stir in beans, corn, tomatoes, bell pepper, olives, cilantro, green onions and red onion until thoroughly combined.

4. Cover and chill until ready to serve.

SERVES 8

CONTINUED ON PAGE 28 >



\$500 WINNER

Pickle Popper Pasta Salad

PATRICIA STEHLING CENTRAL TEXAS EC



Pickle pasta, where have you been all my life? The way I devoured this pasta—it's so, so good and even easier to whip up. I mean, c'mon pickles, ranch and bacon ... winner, winner.

- 12 ounces uncooked large elbow macaroni
 1 cup mayonnaise
 ½ cup sour cream
 ¼ cup pickle juice
 2 tablespoons ranch seasoning
- . ¼ cup diced dill pickles
- 8–10 slices bacon, cooked and crumbled
- 2 cups cherry tomatoes, quartered
- 2 tablespoons fresh dill, minced (optional)

1. Cook macaroni according to package directions and allow to cool.

2. In a large bowl, stir together mayonnaise, sour cream, pickle juice and ranch seasoning.

3. Add macaroni, pickles, bacon and tomatoes and stir until well combined.

4. Serve garnished with fresh dill, if desired.

SERVES 6-8

健 \$500 Recipe Contest

TURKEY TIME DUE JUNE 10

We're already thinking about the holidays, and you could win \$500 if you do too. Tell us about your main dish or what you do with that mountain of leftover turkey. Enter by June 10. UPCOMING: HOLIDAY BREAKFAST DUE JULY 10





Pasta With Prosciutto and Peas

KERRI RUSS TRINITY VALLEY EC

I appreciate a pasta dish with texture. I want it to be crispy or crunchy, and this pasta gives it to me. I enjoyed this dish when I first made it but even more the next day for lunch.

12 ounces uncooked fusilli10 ounces frozen peas4 tablespoons extra-virgin olive oil, divided use

- 3 ounces prosciutto, diced
- 2 cloves garlic, thinly sliced
- 1 tablespoon lemon juice
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 cup grated Parmigiano-Reggiano cheese, divided use
- 1/2 cup chopped fresh parsley, divided use

1. Cook fusilli according to package directions and set aside.

2. Steam peas according to package directions and drain.

3. In a skillet, heat 1 tablespoon olive oil over medium-high heat. Add prosciutto to the skillet in a single layer and fry until crispy. Place on paper towels to drain.

4. Add remaining 3 tablespoons olive oil to skillet, along with garlic. Cook until garlic begins to brown.

5. Pour garlic mixture into a large bowl, and add prosciutto, fusilli, peas, lemon juice, salt and pepper to bowl. Stir to coat.

Water Wise

BY VIANNEY RODRIGUEZ

Next time you're making spaghetti or fettuccine Alfredo, don't toss the water used for cooking pasta. Save a few cups before draining and reap the tasty benefits. It's loaded with rich starch from the pasta. Adding a cup or so of pasta water can help emulsify any sauce. It enhances flavor absorption, prevents pasta from drying out and helps sauce cling to pasta.

6. Stir in ³/₄ cup Parmigiano-Reggiano and ¹/₄ cup parsley.

7. Serve garnished with remaining ¼ cup Parmigiano-Reggiano and ¼ cup parsley.

SERVES 4

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HIT THE ROAD



Enter the Bare Cage

Lace up for an eerie hike among former zoo pens in this boomtown

BY CHET GARNER

THE CAGES WERE all empty—at least what was left of them. But that didn't stop me from having the strange feeling that something was watching me as I hiked through the remnants of an abandoned zoo just outside Cisco.

This small town is about 100 miles west of Fort Worth and boasts a couple claims to fame. First is the Mobley Hotel—the initial hotel purchased by Conrad Hilton, in 1919—and second is an infamous 1927 bank robbery led by a man dressed as Santa Claus.

And third is the old zoo nature trails on the banks of Lake Cisco.

The zoo was built in 1923, during the height of an oil boom. It was to be the crown jewel of a tourist camp that also included a huge swimming pool just below the newly formed lake.

At its peak, the zoo had a number of cages built into the sandstone cliffs and held a strange menagerie of animals, including a bear, deer and flamingo. Sadly, its heyday was short-lived as animals died under "unusual circumstances," and by the 1930s, everything was abandoned.

For decades, the ruins of the zoo were known to only a few, and it seems most of them were graffiti artists. It wasn't until 2021 that a local nonprofit got permission to clear the paths, haul out the garbage and turn the old zoo into a public nature trail.

Walking the paths and peering into the old cages makes for an interesting, albeit creepy, nature walk. Pieces of rusted metal mark the outlines of the former enclaves. The only sounds you'll hear are the wind and the occasional bird or squirrel scampering up a tree.

But it isn't hard to imagine the growls of bears and howls of monkeys or those beady little eyes peering back at you.

ABOVE The empty habitats of an abandoned zoo embolden Chet.

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JUNE

Brenham Highwaymen Show: The Great American Outlaws, (979) 337-7240, thebarnhillcenter.com

Grapevine Dairy Day, (817) 410-3185, grapevinetexasusa.com

Fredericksburg [13–14] Craft Beer Festival, fbgcraftbeerfestival.com

East Bernard Czech Kolache-Klobase Festival, (979) 533-1902, kkfest.com

El Campo Kids Fishing Tournament, (979) 275-1600, eclostlagoon.com

Slaton Texas Air Museum Airshow, (806) 779-7332, thetexasairmuseum.org

Granbury [14–15] Lone Star Street Rod Association State Run, (817) 573-5548, visitgranbury.com

Terrell [14–15] North Texas Antique Tractor and Engine Club Show and Pull, (214) 497-1611, north-texasantique-tractor-and-engineclub.net

6

Denton [16–21] Juneteenth Celebration, (940) 735-6311, dentonjuneteenth.com

Freeport Fort Velasco Day, (979) 233-0066, freeportmuseum.com 26

Luling [26–29] Watermelon Thump, (830) 875-3878, watermelonthump.com

Teague Putt Fore a Purpose, (903) 389-5792, fairfieldtexaschamber.com

> Belton [28, July 2–5] 4th of July Celebration, (254) 939-3551, beltonchamber.com

Llano [28–Sept. 28] Canvas and Quilts: The Art of Ira and Kathy Kennedy, (325) 247-4839, Ilanofineartsguild.com

JULY

4

Waxahachie [3–4] Crape Myrtle Festival, (469) 309-4045, waxahachiecvb.com

Carthage Lake Murvaul Fourth of July Celebration, (903) 693-6562, panolacountytexas.com

Corsicana Freedom Festival, (903) 654-4874, visitcorsicana.com

Grapevine 4th of July Extravaganza, (817) 410-3185, grapevinetexasusa.com

Port Arthur Fireworks on the Seawall, (409) 985-7822, visitportarthurtx.com

Tomball July 4th Celebration & Street Fest, (281) 290-1035, tomballtx.gov

Granbury [4–6] Hometown 4th of July Celebration, (817) 573-1622, granburychamber.com

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Family Vacation

Whether going overseas or just over yonder, these readers love picnicking, beach combing, hiking, riding the rivers and cheering on their favorite teams as a family. Now pile in the family van, and let's have some fun!

CURATED BY GRACE FULTZ

1 BLAIR RINCONES, PEDERNALES EC

"The first time our kids experienced the Gulf Coast, the heart-shaped sunset made it truly a magical experience."

2 TARYN JENKINS, TRINITY VALLEY EC "A beach trip before a college send-off."

3 ELIZABETH WEBB, CHEROKEE COUNTY EC "Climbing up to the summit of Enchanted Rock."

4 DANICA PETERS, PEDERNALES EC "Summer lake days and jumping off the boat."









Upcoming Contests

DUE JUN 10 Heroes DUE JUL 10 Abstract DUE AUG 10 Country Life



Enter online at TexasCoopPower.com/contests.

See Focus on Texas on our website for many more Family Vacation photos from readers.



Cutting Through

Sometimes it takes a chain saw to get through the undergrowth of life

BY PATTI JONES MORGAN ILLUSTRATION BY HEATHER GATLEY **ONE MORNING AS** I walked along a nearby lane, a chain saw's rough growl cut through the early morning peace. Startled, I discovered its source was a trim-looking man bent almost double, systematically attacking dense undergrowth along his fence line.

"Good morning!" I called out. Finally hearing my voice over the sound of the machine, the man straightened up. "Good morning!" he replied.

"You have a lot of work there!" I called back.

He took my greeting as a welcome excuse to take a break and struggled to disengage from a tangle of old wire fencing, clinging branches and thorny tendrils. Over time, they had wound around the trees and bushes, roots, and fence posts to create a near impenetrable barrier. Slipping off the mask that had been protecting him from clouds of wood shavings and dust, he tipped back his broad-brimmed hat with a friendly smile. He had just bought the 10 acres, he explained, and planned to build a house on it for him and his wife.

"A lot of wires, mostly rusted, and old brush have wrapped around the fence posts," he said, waving at the stringy assortment of tethers once intended to define the acreage and warn away trespassers.

Left uncontrolled, however, nature had ravenously begun converting old and new companions into little more than an unmanageable thorny fortress. No wonder wire cutters and a chain saw were needed to hack through the knots and reveal what lay hidden.

We bid our goodbyes after the neighborly visit, and the chain saw resumed its noisy attack on the underbrush jungle.

But not before I saw my own tangle—of old literary aspirations in need of similar treatment. The cacophony inspired me to clear out yesterday's words and give light, air, time and space to new ones.

A long sweltering summer arrived, partnered with the pandemic. My neighbor's sporadic chain saw activity diminished to rock gathering and wheelbarrow work.

Curious neighbors, eager to chat, began stopping by. Robert Frost's oft-quoted line from his poem *Mending Wall* sprang to mind: "Good fences make good neighbors." A conversation hub during those communication-cramped months, the gathering place had served us all well.

Completed, his low rock wall continued to speak simply about what mattered: people, purpose and permanence.

It spoke my language too. Half-hidden beneath my writing clutter lay the lyrical sounds and familiar rhythms of my old love, poetry. Revealed anew, its purpose suddenly mattered more than ever.

The chain saw's discordant sound that first morning had, it seemed, pealed an unexpected welcome. Its clarion call was sweet music to my ears. ■



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